

**Transcript Two-Day Calibration of Your Original Source Power –  
The Power of Flexibility and Human Consciousness Day 1 of 2 with Martijn  
van Staveren  
Wednesday 27-9-2023 in Zwaanshoek, transcribed by Milou**

In this moment here in Zwaanshoek, thank you for coming. Everybody, you, definitely you, yes. A nice group together, all independent people who still take the trouble to return to their own kingdom within in a world like this. **And that is very valuable, it is necessary. There's a lot going on in this world.** And it's really very useful in that **frequency** to draw from within yourself instead of from something. Whatever it is, something beautiful, different, it doesn't have to be something wrong. I never talk about wrong at all. It's just choices. It's a world of possibilities. And the possibilities are at your feet. You are surrounded by those possibilities. It is that possibility, the amount that you allow into yourself, to move in it, to explore it. And there are all kinds of different realities, possibilities, truths coming out of systems, model, model-less, systemless.

And if you are systemless, then it may well be that if you go to talk to your neighbor, and you both find that you are systemless, then you may well discover that there are also various systemless presents. And that just makes it really interesting. **So I really just want to say one thing, hope in yourself, for yourself. In the service of the highest good in yourself, what you feel, where your strength lies, where you feel, where your life is. And follow that path and then dare to go through all the barriers that can be felt every now and then. It is a great task within ourselves as humanity to get started on this earth here. Well this day, calibration of your original source power, your true power that you are, is of course very questionable, of what is that? It's a very important moment. And not because I say so or because I am there, but because this moment is invested with each other, without us knowing that this would look like this. There is a lot behind it, isn't it, behind the choice to be involved in the calibration, the tuning, within yourself. Your source power, to the truth that is deeply present within yourself. That is an essential step. And then in the pre-announcement there is the power soup lessons of human consciousness. They are also two different fields that matter a lot. The suppleness, the softness, with which you can move, in which you can be. The velvet scanning of your consciousness, so your consciousness, so you. Velvety soft, with the suppleness of feeling connecting in your empathy.**

**And travel along with what is around you. You can do that with a lot of flexibility, but of course the word strength also applies there.** I have seen in the past few times, that I am allowed to be here in this world, that it is very often a choice either one or the other. So either you are in the strength, decisiveness, or you are in the stillness, peace and love. Whereas, when we bring them together, it's actually one moment of being present. Smooth, quiet and with full power. And that is a path that we must bring back together within ourselves.

That we allow the suppleness, the softness, the velvety softness of who we really are, that we also allow that within a great strength of ourselves, so that that great power can come out together with that suppleness, that velvety softness within

yourself. **So decisive, without losing gentleness.** And that's actually something new, because in this world here, if you're not gentle, but you're decisive with your **consciousness**, then there are all kinds of labels involved. Then you are very quickly too businesslike, or insensitive, or you do not take others into account. So that's a way of how you dare to show in this world. Because that's **what it's all about, that you allow yourself.** I call it daring, but that you dare to show yourself. Well, that's this day. This day we make together, and also the next day, into a wholeness, in which we can make a journey within ourselves with solid subjects within ourselves, and with solid **movements of consciousness.** And I think that's also a very important task, because there's still a lot of dogma in the reality we live in. And dogma is, by my standards, not something negative. **But you can be subservient to certain frequencies and feelings for a very long time** , and act accordingly.

**And then it is also very good and fine. And yet you have to conclude that it is more of a kind of mental self-gratification to experience and maintain that movement of consciousness, because in itself, in the response of the reality in which you live, it does not show the reactions that you are showing what it is about. So a miscommunication, so I'm going to pull it right down to a pretty broad level, a miscommunication. Cosmic understanding this is very understandable, a miscommunication between who you really are, what you have been working on for years, that you feel this is necessary, this is where my heart lies, I want to set up this project, I want to do that, I feel that, that gives me love, I am also love with someone else.**

And if you can then be very well awake, that you can also say yes, that's true what I do there, but I see it in my own existence, so very close to home, in your own living room for a while, you look at the relationships you maintain, then you see that far too little and that is a kind of miscommunication. Something is not right here, is a strong expression, but sometimes we have to feel the flexibility, so the feeling of what we really are, and therefore also be honest about it and also bring the strength together to realize greater cosmic assignments.

**And now it is exactly the case that every being who is here on earth and dares to bare himself, also on an earthly level, that he can come exactly to that task.**

And that is not an order from the system, or an order from another race or a civilization, but it is your infinite assignment of being the truth in every moment, and in every world, and in every situation.

**That is unworthy of the word commission, because we are talking about just being yourself. And that is the cosmic task that lies in our hands.**

And then also being able to get rid of the power of everything that makes us think just a little differently, and the power that makes us feel just a little differently even. These are big steps, and that's where my assignment lies, to always talk about them. And people who don't like that just shouldn't hang out with me. You know that. As I also know, when I interact with other people, what I can expect in quotation marks. For example, it is good that you are always honest with each other and open.



And my task is within myself to always carry out my cosmic mission. And in that out of cordiality, and sometimes that hits hard, because I mainly work through the emotions of the body, so also the emotions of the mind, so also body.

But it is precisely in this that we work, in the emotions, to bring out the movement of what is hidden, what does not want to be seen, what is not allowed to be said, what is not allowed to be exchanged, because of it. I always say that it is better to see the war in yourself than to be dragged forward by the war and close your eyes. Just wake up and just turn in peace.

Step into the real kingdom, which is led by no one and nothing, but only by yourself.

That's what it's about. So yes, I'm thrilled to have you here. Because we need Strength. And Samenkracht is not necessarily that you all have to be together and do all kinds of things together, but it is in the realization. I'm not alone, you're not alone. In all the spikes up, in all the valleys down, the question marks that for a moment you may not know exactly what it is all about, that you do know, there is a Togetherness. **There are people, many people all over the earth, who are aware of their own purity, their own genuineness, in order to come out with it.**

And it's also really valuable to realize that part today as well, that so many times people have met or haven't met, or that you're seeing each other for the first time. This is a moment of wonder. And I regularly ride on a path in Friesland. And I have a few, I know more, somewhere in the beginning of the summer I think, hard to say actually, somewhere at a certain moment I saw a few beautiful swans lying there. Those swans that sat by the eggs. And every time I drive past it in the car, I just have to look at it from my feelings, but those beautiful creatures that are sitting there, in that uncut grass, so incredibly beautiful dynamic and living being, so wise and supple, but also really beautiful. And I see those eggs.

And at some point, those eggs had hatched.

And then I didn't see that eggs had hatched, but then I saw the chicks. And then I would drive by a little slower and then I would look, and then I would just see the power of, the source power, the nature, the connecting loving force field of those adult swans with those very small chicks. And so I have seen those little chicks get bigger and bigger over time. Maybe you've seen something like this too. But it's fantastic.

And at one point they were like that (portrayal size). And then they went for a swim and they swam by. And I looked and thought, oh how wonderful that is. And then all of a sudden, then a few days ago I was still talking about it.

And that really has to do with the source power, because you can think what you want, but the source power of yourself cannot be imagined. You know that one, about yourself. It just opens up all of a sudden. And then there is really no word that can translate what you feel, what you realize, but also who you are. And that moment that opened up for me, that was when I still had a small body, when I also lived with my parents of course, that my mother, I always asked specifically for, mommy do you want to read stories? And she always read so beautifully. And she also took her into the story, into images and feelings. So I was actually there. And there was a little story, and that was about a nest with all kinds of swans, swans with little chicks. And so the adventure was about what those little gray chicks did to each other, and what their experience was. And that was translated so well by such a book, as well as the drawings that were in it, and my mother told that very beautifully. So I'd lay on my side against her, and she'd have her arms

around me like that, and she'd read from that. And very often when the page of the book was still small, I would say mama again. And then she would read it again. Because there was a feeling, my head had it, understood it, but the feeling was far from finished. So again, and again. My mother never once said, well, move on. She just gave what I asked from my feelings. And so the book opened up more and more. And at some point in the booklet there came the point that, there was a day when one of those chicks, and apparently it wasn't anymore, was completely gray. So she woke up in the morning.

And all of a sudden, that chick was white. And her brothers and sisters didn't want it to have anything to do with her anymore.

She was seen as an adult, and the conversation actually stopped before that little creature turned white.

And that made me so intensely sad, because I could feel from myself, from, we call that child here, but that is actually the pure, the pure part of feeling.

That I felt like, gosh, now you become something else that you don't want. And because of that, you are treated in the same way who you are not. And because you are treated as you are actually who you are not, you also have to react to that, from that person you are not, and therefore you become that. And I ended up thinking that was a terrible little book from time to time.

I thought it was terrible. The booklet was so bad. In the end it worked out, because the brothers and sisters all turned white, so the whole family is actually in the same situation.

But I thought it was really, really bad. And yet I always did it to myself. More and more I wanted to hear and feel that story. That moment of loss, of who you really are, in which as a child, in that piece, that feeling, that carefree, that threatless, real life meant being present, is stored. And so I had to think about that, just because I kept driving past it. There was also a book called Wietje, Watje and Wolletje.

Maybe you're familiar with it. It was about small cats. They were very small books, in the old days, you had those little books, and there were about ten pages, and that Weed, Watje and Wolletje was a very exciting story.

Well, you know, when I talk about that, I can feel, even if I don't talk about it, or rather, I can feel how I experienced myself there, and not as a child, but not lifted to a level that you actually aren't.

So being busy with all kinds of things, which is just a complete obstacle, that's where I can feel my source power. That oasis.

And I know there are people here who didn't experience that in their childhood, but I also don't speak as being this you have to know, I only speak of this is what I experienced.

I've also been through all kinds of bad things.

But that source feeling of being in that peace, that you can connect with a story, that the adventure opens up within yourself, that you can go through it, that you can think about it, that you can act on it, that by doing so you do things that really make you happy, in which there are also reactions, That is actually what we call here on Earth, a kind of child consciousness.

**That's a very big misconception. That child's consciousness, if we can separate it from child and adult, is the consciousness of a child, normally, if I could consider it, if that could normally be the case, a child, in this**



world, when there are no hormonal reactions, and all kinds of substances are produced, is actually the consciousness of the being. What is physically a child at that moment, that consciousness, has a frequency, which is so pure, what is so pure, and is so real, that it can be called the Source. And with all, with all civilizations, and also with the contacts that I have in my existence, that we have been able to keep afloat in this reality, I always come across that. So no matter how powerful I would be, no matter how beautiful my clothes are, no matter what world and sectors of the cosmos we come from, no matter how my eyes look, in all beings that respect free will for themselves and of every other form of life, that piece is present, that part that we experience here as children.

**And that's why it's also very tough for the people who have experienced that child-piece, can be tough, haven't been able to experience it for certain reasons, it's also tough because you feel that something hasn't been able to work out in your physical consciousness either. And for those people, I would like to say a warm welcome, because there is room for everyone.**

**What, then, is abiding in God?**

Because if we look purely in the frequency, then it is really necessary, I often say, that we put down the weapons within ourselves, but also the weapons in the thoughts about each other, and that we can read the book of Wietje, Watje and Wolletje together. That we can feel it together. Because no one has it easy in this world, and everyone also knows the good power and happiness. We know that. Everyone knows that. Am I looking for a child piece now? No, not at all, because I'm not looking for anything. All I can say is that you are here because you know something about yourself, which needs to be drastically taken out of the back of the bookcase, to the front. And the book has to be opened. And from that strength, from that piece, you then go to work. And I think it's a very special reality here, because so, as I said, there are so many possibilities. This reality that is not a static reality, but rather is supplied, all possible scenarios that can open up here, that are not predestined, except in the absence of humanity, then it is predestined for you, by the cosmic action-reactions. But as soon as the Kingdom awakens, leadership, flexibility, strength, presence, purity, authenticity is present, you will find that reality will begin to respond to you.

So what I find so special in this world is that there are so many possibilities, and that there are a lot of possibilities that are completely out of this reality, but can still jump in.

So also, we call that war on a large scale here, we often think in situations such as in Ukraine, for example, but war is also having a negative thought about someone. Someone else didn't deserve that.

That can also just be removed, that is also a weapon.

I think it's very special to be in a world with so many possibilities, and that we are finally together, and go for the possibilities that suit you.

So not with Martijn or with a group dynamic, but with you, so you go searching, feeling, in your own source, and if something comes out of that which is essential,

so also for example with your worldview, then there is a reaction that belongs to your source **consciousness**.

**I also think it's great if we can realize that we don't all have to walk the same course.** That keeps it all just real and economical.

And then a lot of topics come out, a lot of different topics come out, which is, for example, abiding in God, and that you can also name that without the word, how you could see that.

So it does take a few things to, I think, to assist each other as well.

**You assist me in being present here, by paying attention and listening and showing yourself and working and being in the field, and putting yourself in government, which makes it easier for me to be present here. That's giving each other. Authenticity.** And a day like today, where we go through firm movements, in honesty to ourselves, and then we end up with all kinds of subjects, such as what I just said about, what is abiding in God? Are you aware of that?

These are very essential pieces. How have you been lately?

In this big show, it's really an off the road show, and also really seriously an off the road show. You can say, I don't interfere with that, because it's negative.

I'm just interfering there. That's great. That is good.

Everyone does something they want. But what does your existence look like now?

Can you pull it apart?

**Can you pull apart what you feel inside, so the flexibility, what actually tells you what it should be about, so your deepest inside, what it should really be about, you can pull that apart, so that way, that's what it should be about for me. That's what I really feel.**

There is also, let me say, an emotional fantasy on a spiritual level. A world that looks this way. Huppakee. And then you see the world as it should be for you. And then the other side.

And that's, that's been pulled apart, that's what you're actually doing. Making it very black and white, looking at what you actually do. So if you can do this, then the divine part within you arises, because god, the source, is always honest.

All the time. So if I do something silly, or something crazy, or something stupid, I'm just aware of it.

You're not going to look for all kinds of reasons why that's the case, to dress it up in there, but then I just see what it is.

So these two different fields, these two different systems, need calibration. The one piece here, that's the source, that's not just anything, that's the original piece of you are.

The other part is how you tell yourself and the world, how you represent that source power of yourself. And that's where it goes.

Not quite in tune with each other. And actually, in black and white, that's the only thing a person has to do. And then you end up with all kinds of possible challenges.

**But if I'm going to do everything the way I feel inside, then, then, then, yes, then, yes, then what? So those two things have to be separated, in order to properly understand what is going on.**

**And actually, those are two different language fields. A lot of people know that, but I have to say it again here, so that we can realize that. It doesn't have to be through my words, you can realize it in your own way. Because in this world here, we are in a kind of biological identity, in the inside of**

ourselves, the very core of ourselves. That is a consciousness, which is a kingdom, royal vibration of immortality. And so within that lies the truth. Because that is in you. You will never find out the truth in this world here. Because the truth in this world is not here yet, the greater truth.

Here the truth will always show itself in a physical way, so that your mind thinks that you have caught the trail of the truth.

People think that Martijn is telling the truth, is being interpreted in a way, that interpretation is a biological, psychological, mental thing.

And so they are going to respond to that. And then you're wrong. Because you have to go inside yourself, what you feel about it, what your deeper feelings and thoughts based on that may be.

And also your actions. So you have your biological identity, and you have your deeper feelings. And the deeper feeling must be listened to, so that the biological identity, in the service of it, can carry it out.

So that's the lighting. Then the kingdom becomes active in the physical part, and a deepest echo returns, which echoes in the well of your heart, which **is really true, where you really have the feeling that makes you happy, where you really feel that the life, yes, your step in life is right, that your biological body can respond to it. and can act from that biological vibration.**

And that's an essential piece for all sorts of reasons. If we don't look at that, if we don't calibrate ourselves, in honesty, then we will continue to find ourselves, as it were, between two different identities. **So your own identity, who you really are, inside, and another piece, who you are not.** And the past few years, three or four years were, and really are, years in which, precisely because of the event on earth, at least it has been presented differently, there are the necessary repackaging years. So what I've seen is that a lot of people, and that's not because I'm testing it or anything, that's just what I'm sharing that, **I've seen quite a few people become aware of that actually nothing is what it seems, in other words and this is being said, but the truth is that.**

People have become aware of this. Those people can fall prey to all kinds of conspiracy theories, which thrive on them.

As a result, that part that you have discovered, which is true, that a lot of things are not right, that then that suddenly applies to everything.

That nothing is true anymore. Nothing. So that can also happen.

But I have also seen through the past years that there are people who have put the original part of themselves aside a bit, I am not saying that it is true, this is just what I translate in this way, have put aside and started working on ways again, which are also good, But in particular, it has existed for thousands and many thousands of years and has led to major conflicts until now.

The way I see it, and that's also the way we see it, the way we come from, is that when the truth is spoken, and that **also has to do with a tone of consciousness in which, and that is the decisiveness of flexible awareness of people with each other, when the truth is spoken within yourself, so again people come together, Or they open up to each other with their consciousness.**

And those people are all very honest and pure. **If that vibration, so that purity is truth, if it is spoken, speaking is frequency vibration, then it is manifested in peace.**

**Very black and white, that's how it works when everyone is honest. So from frequency comes matter eventually.**



And matter are already laid out scenarios in language signs that can manifest themselves if the beings who live in them also align their **frequency** that they really are to themselves. You know, when you're doing things you don't really want to, or you're doing something you don't feel good about, or you keep having the desire that you don't roll out, you don't live in peace and tranquility the way you should, you know you have all kinds of challenges around you non-stop.

Problems or annoying things. It becomes manifest what you are in the light field within yourself, in your original part. Is felt, is known.

**If that is not listened to, if it does not get into the body, then you immediately notice that the whole information around you reacts to the denial of the truth.**

**From the heart, from your intelligence from within, your love, your genuineness. And that doesn't mean that if you live love that you hang back very softly, nicely. Love is a power to act, a force to act.**

**And that is very important and valuable to realize of, yes, calibration, nice word, I can read books, also beautiful, but Martijn can't do that calibration for me, can he?**

**And that's a shame. Just said with a smile. For the people who like to see that smile and the people don't, they don't look, because I did it anyway, because that smile is genuine.**

**'Cause I can't do your job.**

**And neither can you do my work, you can't. But we can all do our own work. And as we strengthen ourselves, and we are mature energies with the child power in the source, honesty, purity, then vibrational language fields arise through which it becomes manifest.**

And so I see the Ukraine and that kind of big result of a discrepancy in the **consciousness** of the people, and that's also why the people are all bombarded with propaganda, so that everybody believes some of how it works, so everybody has some kind of position, takes a position, those positions are still impure.

So I see that kind of situation in Ukraine as a big task, you can see that as a kind of indicator, if you really wake up to that, to see again how big the kingdom is within yourself.

And so I pull it all the way to a piece in one go, that you as a human being can think of the earth and biologically as a body, hey, what does this mean? Well, so this is what I'm about.

**Welcome here on earth, to a world where your possibilities are playing out, right in front of you, showing you where the light of yourself, as your own consciousness, is not being lived.**

The strength and flexibility that humanity has in it. Originally, it was one of peacekeepers and restorers.

**To do this, we also have to become aware of ourselves, that those two parts are intertwined, and that is all allowed to be so, everyone is allowed to live his or her life as he or she wants, but those two fields together cannot bring the matter waves to the front in line with what you are inside. And that is why we have to look closely at what is happening in the world, and relate to it. But how can you ever make peace outside of yourself, when war is raging within you?**

And I've talked to a lot of people over the last few years, thirty years, and talked to the biological part of those people, that people think, from spiritual books, that if



they're in the light in themselves and their love, then they think they're light and love as well.

And I look at the people and I see, so it's not my judgment, I look at the people and I see, you're doing something different. You live something else. And this never ends in this world here, because the more aware you become, and the more you calibrate yourself, the more the uncalibrated particles also become visible.

And they are connected one after the other. One after the other, and in details, but also in large pieces.

And so what I've seen is that people, especially the thoughts in the body, seem like a kind of safety movement, I want to study completely within myself, but actually someone else shouldn't see it either.

I do go through everything within myself, I read and feel and do, but fortunately that is on the inside, which makes it a lot easier.

So I don't have to show it on the outside. If you start talking about that, you will be dismissed as a religious fanatic. But what I see is that people do that.

**How do you see it for example, and I'm listing it all, not because I think so, but because of a kind of consciousness recognition, session, in vibration, because we are vibrating, we are vibration/frequency, so that frequency will be able to open up close parts of our body.** If someone does something you don't like, what then? What is the follow-up process?

**So truth, you can say, depends on how I'm feeling at the time. True.**

But who cares if someone does what you don't like? And yet it has an impact. The idea that other people are talking about you, the idea that other people think you're weird or annoying, or that you don't get it or that other people...

I know what.

What kind of movement is that?

How do you get there?

### **This is Calibration 1.**

Because this is a world where you behave non-stop reactive based on the exterior. Constant.

Do you know, Martijn, what such and such a person says about you?

No, huh? Well, if you knew that then. I don't know.

Do you also want to know?

Does that make me happier?

Now I'm getting nervous, I want to know. Would it be bad? Would it be serious?

What is this outward and inward movement? What is that? What are you going to calibrate for?

What are you going to tune into? Why do we need to participate in that game? I worked in a team once, in 2013.

With a very nice team leader and everyone feared for that team leader.

Because that man had such authority.

And he was in that business of those, I don't know what you call that, but it's just those coaching benches, they're opposed to each other.

And if the team leader calls you, then (..?) that bank. And then there are those benches, they are also with shields, so they are built high, with roofs.

So when you sit there, only some light comes in from the side. But you have to deal with your team leader.

And that man just did a fantastic job. Because everyone feared him. And then they said to me, well, it's your turn today or tomorrow. Also to get to him.

I said, how do you know?

I see that he looks at you very often.

So that's the field, huh?

He's already trying to calibrate you on another point.

I said, you should pay attention to what's going to happen.

Well, I was at a call center, so all those earphones off, and those people looking, and someone else went to call; 'think about the handling time', of the conversation.

I walk up to the team leader. I say, goodbye, Roderick, that's his name. I say, bye Roderick. Do you think it is necessary to have a coaching conversation with me?

No, not at all. Get to work. Through it in one go, Boom.

Who is the other person in the field on my screen to calibrate me in fear? If that's what he wants, to have a conversation like that with me, then I can say to him, well, that's not convenient for me right now, just do it this afternoon.

If I feel that way. This is what I just said in the beginning, when you become aware of what strength and flexibility are, then the environment wants to react very violently.

I was the only one in the whole company, there were 1100 people working there, who never had a coaching conversation. And when I left, he said to me, do you know why I never coached you?

I say, yes, I know. He said, well, that's why. And it wasn't a game of the mind, it's being fearless. What do you need to be pushed away on in your life? Let's be honest.

Which? From what? You already are, aren't you? You can be pushed into a horrible situation, that you end up under a bridge and have no home, no food and everything.

But that's a scenario, that's not valid at all. And so what happens? What is calibration?

What is the calibration, the tuning in to yourself?

If we look at what **consciousness** really is, and what God is, the **frequency** in which all life communicates with each other, in which all scenarios flow.

**We are now at this moment, I call the words God consciously, not from the dogma, from the mystical corner, the religious corner, but from the cosmic depth. God flows between us. There is non-stop energy everywhere.**

**Between us. We don't see that. Yet it is so. What I feel, who I am, can only come to you through my frequency, my divine frequency, tuning in to my source, can only come to you if I can get there as well. And my frequency can only get there if I live in alignment with the power of life. So honest, pure. Then the frequency goes through god and surrounds us. You can become very aware of that. Without dogma.**

**You can become very aware that in this moment you are in an all-encompassing, totally connecting frequency field, that energy, matter is energy, is flowing through each other, that we are constantly connecting with each other. I am connected to all the scenarios you carry within you.**

**Unless you stop the script, then I'm no longer connected to it. If you think negatively, for example about me, the moment you can stop that from yourself, I am no longer connected to that negative energy, because it also**

**flows into more. So who are you doing a favor with? Yourself, the one who receives the frequency field, but also the divine force itself, through which it flows. And so there are all different floors and primary resonance fields, where I find different divine essences.**

**This world here is a vibrational field in which the divine frequency field is actually little used by the beings who live in it.**

Only according to books and thoughts, where people think they feel about them, but who they really are in that moment, is hardly experienced.

**So calibration is not only something of yourself, but calibration is also something planetary. Calibration is also tuning in to yourself together with other people. It is a power that humanity has and can stop at once, so non, in any moment, if there is such a thing as there is.**

Wars are exactly the same as negative thoughts. An existing war outside of yourself is the same as having another negative thought about you.

**And so we become more and more aware that everything is an interaction of energy. That thoughts are energy. We become aware that there are different energy channels. Thinking out of the system or thinking from your inner feeling within.**

So the question is what calibration is. You have come here today for your reason. I don't know and I don't need to know.

But somewhere I can feel and also know that it has to do with a greater task that lies beyond our personality to bring something into this world, a kind like these worlds.

Visitations that are brought to worlds in which that element, so speaking the truth, so really in a scenario that I may not be able to figure out at all, do not go along with that scenario, **but show the truth of yourself, to bring that vibration, the frequency-generating creative consciousness, the source that you yourself, to bring it there and to sow it there as well.**

**And then you bring the message of Christ.**

**And that message of Christ, as we call it here on earth, is a message of frequency, of freedom, in which every being can unfold in the way that every being experiences for itself, which is necessary. Even if that's not right in your timing, discussed so, hey, in this moment you should actually be doing that, are you aware of it?**

No, that **awareness** comes to that person in their own moment. And the cleaner the energy is, the more powerfully Christ rises from the consciousness within **yourself, which gives you formidable space, is friendly, and is powerfully and smoothly present with your consciousness, the more directly the other person can also come to that source within himself in his own moment.**

**So we're actually talking about a completely different language. A language that has to be spoken with words, because we move it here with words, but the language is here. You are that language creator. You are that consciousness frequency field. You are not here because of personal interests, but as long as you are in the body in this world, a lot of personal interests come into play.**

And that hope of personal interests may well be present and also lived, as long as it does not peel off your own source power within it, and expand, so that it is no longer felt. The moment the source power is no longer felt, the, old-fashioned word, inspiration is over.



That's technically how that's created after that. Then you are merely a biological entity that can feel love from the system, speak truth from the system, believe from the system, liberation can bring from the system, goodness from the system, but the inspiration is absent.

Because attention is not drawn from the heart.

**And when we get there, and that time is now, then you pull someone to you and say, you come into my arms. Come on, what have you been through? Have you ever had a really good cry? Has your brain really been completely drained from all those things that have been put through you? Come and see me, if you want. This is depicted that way, because that's not how you do it, because then you force it, but this is the portrayal. That it is based, this movement, you have love for life.**

**That's why I always say, I'm in love with life. You feel so much love in life, so much beauty, and it's not bad at all what happens. You don't have to be mis-attuned to that. When you see what is happening, you can just stay in your own vibration.**

**And then you don't need a book, just yourself. Purify yourself. And the moment that has been fought so hard for in a world like this world is to allow man to be in the inanimate state.**

To make masses of people think that they are calibrated, that they think that they are one with the source, because they have understanding, they can generate what the source and God is, and they can implement that into their personal lives, and say to other people, I live in unity and love. And those other people saw over it in one fell swoop what they see it, that's just not the case. And at that moment the war breaks out, because the other person sees through that it is not so, and the answer of the war comes from attack on yourself, because you are not speaking the truth about the deepest core that you are in this. And if we don't know any direction at all of what we should do in this world, in other words, if there are no missions at all, they are probably there, but we don't know what, if we can just leave that out completely, gone, then it's just that if you can hold each other, That you can, I do use the word,

**help each other in the moment to experience yourself, then that is the biggest step that we can take both to ourselves, and to humanity itself, but also to the frequency, the earth, to all life, the animals and new generations that are yet to come, the scenarios that are all in the pipeline, that we can give. Yes, that's the first calibration. And if we skip those, if we're not aware of that, how powerful and vulnerable we all are within ourselves, then it just becomes a day of a lot of knowledge and a lot of practice, and pumping, but before the water is in the bucket, it's already evaporated. So come into your own power of God. That is, if there is an assignment, that is the assignment. That you put yourself forward.**

And that too is the greatest task, and also often the most difficult task, because feeling part of it, that is the fragment, which I often talk about, the fragment of yourself, but being able to open that fragment of yourself further, and then it requires the utmost precision of honesty, in which you are exactly, because you come across all the closed pieces and also lies of the mind, then you can see it.

And you know, there's nothing wrong with saying I'm quitting at some point. I'm quitting the whole system I'm in. There's nothing wrong with it. I'm not promoting that, but anything goes.

So you can continue in the system, but you can also feel, I'm quitting. And you call the company where you work and you say, thank you, thank you, but yesterday was my last day at work. Goodbye. Click. It's all about the inside, isn't it?

I'm not saying you have to do it this way, but these are the representations, that you can open it yourself. And that you can also feel, everything is spinning, all possibilities and scenarios are running on the possibilities that you allow yourself to realize, in your feelings. And that then at such a moment that you have done these two things, that you can feel what that brings me. What is going on? I did that a few days ago as well, that I actually unplugged something pretty big.

And instantly I burst with joy. But not that I was shouting and cheering and singing, but all the scenarios that are attached to that, don't you think about it. All the scenarios, that is a constant movement of cosmic and terrestrial scenarios, the scenarios that were attached to them, they were in one beat, by one decision, they were all gone. Boom.

And I felt it, huh. The oasis around me, my **frequency field**, became all at once, there was so much space in it, while it is a very beautiful project, a very beautiful big thing, there was so much space and I felt it in my heart. I said to W., I felt going through my sternum, and the ribs attached to my sternum, I felt them tingling all over. So much space came from something else to me, to myself, because I said, not this. And sometimes you shouldn't do nice things, because it tries to describe your calibration. And I don't. I stand by my calibration.

If I live to be 8,000 years old this way, and I stand for 8,000 years going through this with you and many other people, that's my calibration. It won't be like that. So you too, the true kingdom within yourself.

What exactly is what you are actually feeling at this moment?

### **What is the deeper reason why you are here?**

Also this day. Especially this day. What are you doing? What are your points of attention? Where do your feelings lie? What are you working on? Are you aware at this moment that you are in a new phase?

Or are you aware that a new phase consists mainly of maintaining the past? The crown of man, which she wears, is the thought-field of information carried and proceeded from the heart.

Is there a future for you? Out of inspiration? Did you really choose that? Has your **consciousness** ever gone there? What's inside of you, huh? Not what I'm saying. Because my words have no weight. And they cannot be taken into account in the decisions you make. You have to understand your body by seeing through it. What the body tries to do very often, and these are pieces of insight that really belong to that brisk movement, which we also call exercises or reinforcements.

**They are moments of awareness, often they are many times more relevant than an exercise.** For example, if I ask you, what are you in right now? Have you put on the crown and are you moving into a new reality?

Or do you still carry the past in the moment as the starting point of where you want to go? The moment I say that, you might start looking at your own life. And what the body does is really phenomenal.

The body lets in data of what you are actually doing or what you are in. As if nothing else. If you have a physical disturbance, your body, mind, often goes there immediately.



This is my situation. If a project you've been working on has come to an end, then, well, that project, yes. Then, really, the body is phenomenal. I'm going to think that. You have to see it.

What happened last year? What am I accomplishing in my life? Instantaneously you need the memory module. It's really phenomenally programmed. But what is it really? What is it really?

I was on another planet three days ago, just physically. There were people, I call them, I call them Indian people, from India. So those clothes. The same length as the man of the earth. Nice colors on.

I came there in a, yes, kind of a parking lot I call it. I got out of there. And I came into an Arab environment. So a little bit of Middle East territory. Very warm, very beautiful yellow desert.

And there were people around me. I walked out of the vehicle, which was walking across the platform. There was a man, very short, very nice short shaven, black beard. And brown eyes with blue in them. And he was wearing a turban.

Just a turban. And he had sandals on. I also told W. about it. He was wearing sandals, with also ordinary, like a flip-flop. With a thing between the legs. Very wise man.

People were very wise. But when I say wise, I mean pure. So what you feel first there, where people are really living in God within themselves, is a complete absence of the interference and projections.

Which creates an immediate space to be there. There was no threat in the atmosphere. There was no concern. And I looked, it was all very big mountains, rocky mountains. But all made of sand.

And there was a very big bridge running through it. And that bridge was really, really old. And it was just like churches and cathedrals. I'm not talking about those demonic creatures in this case. You often see that in the churches and cathedrals. But they are all images, figures. Some kind of mandalas were all pickled in it.

Meters in size, against the side of the portals of that bridge.

And then I looked at, so I told you that's been there for millions of years. And that the wind doesn't erode it. The wind doesn't pass by there. It keeps that intact.

So the climate there is so intelligent and connected to what is felt and what is known there, what is valuable and what means something. And we walked together to another platform.

And there were all kinds of cars on the side. But without wheels. They were aluminum plates. Aluminum sheets, about this thick. And they floated a little above the ground.

As long as it is above ground. With a few very simple, but very modern chairs on it. And a panel without a steering wheel. And then I'd look at it and I really liked it. And then we'd walk right by.

And then we finally came to, we were on our way to another planet that is built nearby. And then we ended up in a room. It was a kind of departure stroke. In miniature.

And that's where we came in. And we stood together in that departure rack. And it closed in around us. So that was a very transparent energy. Very quiet. And so I felt the heat of that environment.

It was just hot there. But nice and warm. Really nice and warm. At least, I like that. I don't think everyone thinks so, but I found it very pleasantly warm. And I also smelled the sand smell. So the smell of nature.



And so we were in it together. There were a few other people. Men and women. We were going to a meeting.

And at some point, it felt, it went very evenly, it went up. Just like an elevator. But it wasn't tied to anything. When you are in an elevator, you feel that you are being pulled up. But this was a floating one.

It wasn't actually in touch with the matter it went up. And so as we went up. You could also see through the walls. So you saw the planet go down. And that felt very nice.

It felt like a kind of traveling through a library. All the feelings of that world. They were brought in very quickly. And on the inside of that, one of those capsule-like big capsule chambers.

Images of that world also appear on the inside. Which we traveled through. And that lasted maybe 20-30 seconds. And then, all of a sudden, I felt that feeling of going up. Felt it go down. Floop Ploep.

**And then we were in that other world. In that other planet.** And the walls around us became transparent. Just like a kind of fog. But that's really matter. So it's not a spiritual thing. That's just matter. That was gone.

And instantly, as we got there, I saw that it was a very forested tropical area. It was completely different from the world we were in before.

The first thing that happened to me right away if it was true was a sensation of scents of nature. The poignancy of being in a zoo, for example. I've also been to Blijdorp once. And I'm in one of those butterfly gardens.

So it can be very busy and fragrant with the roots. Which are in the ground. I smelled those smells acutely. It was a big mountain range around us. Lots and lots of plants. And really very tropical. I could hear streams of water everywhere.

And bird sounds I've never heard here. We walked over a bridge. There was water underneath as well. We walked over it together. And we went to a building. A big, old building.

That was kind of built in the bowl of a mountain. That was a real bushbush. Very big. And in there we arrived together.

And it was so cordial. That's where our family members really were. I don't mean that those are your family members.

**But in consciousness.** Food was made. There were people making music. There was a very nice big room. Just like a super-sized lounge. It was very cordial all there.

And finally I came to a kind of pole. A kind of pole where I would speak. Just like what you see here on earth, like a lectern. But that was something else. And there I was.

And then a person came up to me. I would say by our standards a young man. He came to me and asked like that, Martijn. What are you going to talk about? And then I had to laugh so much.

Because it was said like this is an interpretation huh. But the feeling behind it was we see everything you do.

**We know everything. We know everything. Everything is known. Everything that happens in that vibrational field that we call earth. Beautiful and not beautiful things. Everything is known. So what do you want to talk about?**

So stop communicating. And it felt really good. It felt really good. I did talk to those people.

I have spoken about what it is like to live on this earth in such a situation that you can only experience a very small part of your true essence as a human being here on earth almost always through things of the third dimension. Well that was a topic. That it took five hours. People were moved to tears without me mentioning it to experience the loneliness.

To live in a world where you, you asked me, so you do a lot of things that are necessary to feel yourself that are not nice. I say no, with us it's actually the case that we do the right things.

So we do things in this earth because it makes us feel good. And in that moment, in that moment, we actually feel the core of ourselves. For that, we feel blissful.

For that, we feel a part of home. A glimpse. Yes, so you're actually doing something you don't want to do. So I kept repeating that word. We do it precisely through that teaching, through that piece that you do.

So there you can experience a part of the source of yourself.

That's where we attune ourselves. That's where we're headed. Yes, so what? Were really big questions about it. And then, what are you going to do with that? I'm just trying to tell you not to do anything with that.

And it's very mature, but there's an energy behind it that is kind of a child reaction for this world. But it's wrapped up in the adult behavior. So you feel that there are no limits.

You're just cleaved there with the feeling of what then, what then, what are you going to do? Then I said, but you've seen everything, haven't you?

I said, that's what we do with it. And then it hit. Then something happened there.

In that area where I was, I call it Jurassic Park that thunderstorms broke out. Look, it gives me goosebumps.

It was so intense because that's exactly what's here. The question is whether you are and feel what you are inside or whether you are really living it and means fearless. Actually, I felt like a disruptive factor there.

I wasn't, because I wasn't seen or felt that way at all. But I felt that way myself.

I felt it, that I am with a kind, that I come from a world in which this body lives, so with this body I was also there, that I am with this body in their world. **And these**

**codes also contain the master key. In each body there is a master key, a master code, which is the head, in computer language they call it the kernel.** That's how I write it, the kernel. That's the center of the operating system, where everything runs, the main language. So I actually came up with the main language of a disruption through the physical system into their world. **And they were completely shocked, about, there's a message behind why I'm telling this so.**

They touched, it's not shock, shock, it's not shock, because you don't have any, no, they touched, because I answer so straight of what we do with it, that's what you've seen. Because that the truth is spoken.

And that wasn't made into something else. So I just did it with my **consciousness**, boom. I'm basically putting the book down. And I'm basically saying, this is what it is. This is it. That's where God was born.

Because it's, and it's not my fault, because I'm not the one doing it in the first place. Because I'm just a representative. And at the same time, I'm a representative, not just a representative. But it's me, just like you.

I put that book out there and I was like, this is just what's going on.



**And the lies, they can't be in my consciousness.** And then I made an appeal to that. At that moment, the whole of nature immediately began to move. It was windy there, it thundered.

As I've never seen it here on earth, I've heard very big thunderstorms. It found out the climate today. That's how big it was.

Because through the friendships of other civilizations, and by determining how things are, so say about yourself what you live, and do not have an intention to do it, and all those kinds of matrix programs, have the intention to do it, it is there or it is not. This created a link for them, to this world, as they have never been able to see the world before.

And that has to do with fairness. I could have said there, we're making the best of it, we're doing our best. We give each other love and caring. But look, I come here very consciously, that's how I first came here, not from here. Nobody. But I can't help but see that we're doing things... which is not the point. And if I say to someone that we have worked together beautifully, very nice and nice that you are going into the book of the course in Miracles again, very beautiful, nice for you. But I couldn't give you a lecture because I'm just busy with something else and I let you do your things in all space and peace. But I do tell it like it is.

And the moment I do that, I do it so as not to end up in the lie, which is not pleasant for the others to hear, but I don't do it. Because this world **needs a very pure step from people who really love humanity on all levels, love the beautiful and the less beautiful of the world and then really really put their foot forward and say, here I go, this is what I'm going to do because this is what I feel about me. That's where the Source is born.**

**And so that is Calibration 1, and I would like to continue vibrating with you together, vibrating, exchanging about it further, but also looking calmly, connecting with ourselves and creating waves of awareness because I see a lot of knots.** And that's not your knot, and it's not my knot, but that's system knots. And if I keep pretending to be a human being... of yes, I don't have any knots, that's fine with me no, you're fine, we're all doing very well, we've worked the heart but if we're talking about the next level of vibration and frequency of another reality, that's the matter world so the vibration, that's where a material world manifestly arises from that then I have to realize that there is something between the material world, The expression of that and my heart, who I am on the inside that there is something in between.

And that's what I want to talk about. What happens between you, possibly I am not allowed to make hard claims and if I do from time to time, you know that I just do that because I communicate quickly but what does it say between your source, within and it may also be that that is too much too little awareness of that source power that you have very little, realize far too little in relation to what it really has to be, from within yourself that there is something between your own source feelings, your own inner intelligence and the material world in which it shows itself, there is something in between and **that needs a further investigation, your mastery must come back into your kingdom, so that you are no longer blinded but will see again how Christ in yourself leaves that way see, within yourself. So that's your field. I would really like to talk about that with each other. And how that goes, I don't know. I do know that we are**



**different. So we don't get into that.** Well, I think it's good to do a short interlude.

Break

Of course, in order to experience a direction within ourselves, we can only walk in our own direction. And yet, my reason why I started talking about this topic years ago when I was 16 years old when my grandmother passed away, is that I started to speak openly about it to the outside world. That's what I said in the lecture. The reason I do that, why I speak on these topics, is actually there are actually two different movements. These are the movements that we all stand for as humanity. And the great thing is that you don't have to learn anything from that. You don't have to be a member of anything. But if you don't talk about it or if it's not communicated, then at some point it can move to the background or stay there. And I also notice that if it is not mentioned every now and then, it can shift to the background. And you could, for example, be aware of that when someone asks you, what do you actually do?

What are you going to do with that group of people? What are you working on? So what is it about? Isn't that a cult? Tell me, what is that about? There are, of course, programs that are very richly already installed that if you get together to talk about a certain subject and it also hits deep into yourself once that it will lose your path and you will end up in a cult. But that's where you can see it for yourself, at least that's how I experience it, that something needs to be mentioned again. And then I'll tell you from a calibration point of view, possibly also for you, why I'm talking about this and what it actually is that I'm talking about.

**When people ask me what are you doing, I almost always say that I am a consciousness researcher . I investigate what the consciousness of the human being carries in terms of capacity with regard to things, how they behave, so how people react to each other.**

But the first thing in the big piece is that actually the part that I'm talking about, and I think we're all talking about, is made up of two points.

The first part of me is that I'm talking about that if the human being in addition to her biological beliefs and her biological belief systems in the form, because she believes what there is to believe, and that it sounds plausible because you experience your own feeling about it.

**That's where the entanglement lies. That in addition to that biological aspect of the human being, there is also an inner consciousness and if that inner-feeling consciousness is brought to the foreground, that that consciousness that is free of learned patterns is a frequency, a software, a vibrational field to which reality responds.**

**So that there are cross-connections between not believing, but being, and that explicit, that there are cross-connections between reality, how it reacts to you as a human being, and also collectively planetarily to humanity.**

**And now I dare to take a little further to this intelligence, this planetary intelligence of which we are a part, how it also has an effect on other civilizations. That's the first part.**

**And so in that part you can fall through the ice for yourself, that you say if we have an effect with our consciousness on how language, is energy, matter becomes**

reality if we have an effect on reality and it is now, let's say in a restart phase which can ignite or burn to a huge level all at once if that is the case in another reality where it is not 1%, But just 100%, if you get 100% reaction from reality based on who you really are and there is no belief in it, nothing at all, but just being your own then you would be living in a very special reality.

That's the kingdom that's on the books. So that's the first part, that I'm telling people that there's a cross-connection between the consciousness of the one and how energy moves. We call that quantum physics here, that's the first part of what I do.

That I relate to the deepest feelings of you as a human being that are not just a coincidence, but that the deepest frequency of your consciousness, of yourself that it has an effect, has an effect on reality.

So, that's quite a lot.

Then the second part is that when we start to see the first one to some extent, the whole extraterrestrial program as we see it on a biological level suddenly takes on a completely different meaning.

Because, now you could say, and this is also what I am saying, that there are very many and innumerable civilizations that do not live in the 1% reaction force. But they live in a completely faithless, even spirituality-less and departed from every dogma system of God they live in unity with themselves. And they all do, so that the response of that reality is 100% in line, consciously, with the deepest state of whoever they are collectively, and individually.

And then in our terms you are talking about a very high advanced intelligence. But that's not the case at all. Because it has nothing to do with high and low. It has to do with calibration on the inside. And in that you can say, the source within yourself. And then, in our world, in our name, you step into a source world. A source of cosmic reality. A reality where everything is right, where there is no floating, where people live well, really physically in its form. People, each other, other beings, each other living together. And the whole objective, the reason for existing, is absent. So there's something else that we don't actually know here on Earth. That's what I do. That I will noon as step 1 and then it is primarily about you.

You are present here in this reality. That that power within can be brought to another vibrational value where the effect on reality is intensified by you through flexibility and power.

And any form of faith is a direct loss of source power. So that has to be pointed out on your own. And that from that point of view, the whole extraterrestrial concept all of a sudden, also consists of two different layers, namely the biological piece that we think it is from this dimension. And all of a sudden, the quantum physics that we're saying, they're actually not even necessarily extraterrestrials at all. They are civilizations and worlds that are one with the harmonic frequency of what life is. And they don't get out of there either.

And then I say, then I take a step that something has happened to certain civilizations that has put them in situation 1. And no one has to believe or follow the latter.

So that something has happened to our origins that is causing us to experience this now. But step 1 and 2 you can clearly take for yourself.

**In fact, extraterrestrial contact, i.e. direct contact with other civilizations, does take place through your biological consciousness here as a human. Because that's what I just told you, that it happens biologically to this body. These cheeks go against the cheeks of them. This hand touches their hand. It's nothing special, we can just do that.**

I'm not going to say that's quite normal. But that happens because I make choices from the inside. That makes me a very difficult person for this world. I feel that too. I get a lot of projections thrown at me.

Misinterpretations, which are the correct interpretations for those people. And I said today, what difference does it make? Do you necessarily have to be understood when you feel who you are?

Or is it that the other person just can't see it at that moment? Or is it not with you? Who would tell you?

**I wrote this down because a lady all in blue, a blue lady said to me, that's how I translated it and that's how it ended up on the website of time.** It's written on a rock, especially for this day.

**For the people who are working on this. Look beyond the physical boundaries.** Your connection with all kinds of other people also brings the vibration further. And that message is as beautiful as you are. So real. Pure and alive. Visionary. Repairer. And vibration of origin. Let the light of your own consciousness, that is your own consciousness... quietly present in your heart. Here we are.

**We have been absent as humanity in this dimension for a very long time. And now we're here. Be happy with the routes you've walked. Even if they are not pretty.** Know that it's memory only. Ekillée, that's the name of the lady. Blue. All blue. A blue person. Really complete blue. Civilization is all blue. And if you just look at their skin, you will see, just like with us, that you cannot be dark, black or white, white. Yellow. There is always, when you look at it, shades in it. This is also the case with them. It beautiful shades of blue.

**But man. Just like us. This is also the assignment. When we speak such an assignment or that word (?), you realize that you are a visionary. There is no one greater than you. You really have to get out from behind the curtains to the front.**

**With visionary and recovery. And it is sometimes very difficult in this world to be able to save that about yourself. Because here you can very quickly feel that you feel better than someone else.**

**But realize, steps 1, 2 and 3 that something has happened. That is stored within yourself. And that righteousness field, which is right, what you feel, that righteousness field, you have not built up in the experience here on earth. That's a very old thing.**

**So that sense of justice inside that you know what you feel and that you know how it should be, that is your compass and that is also the remnant and the only thing there is of that origin.**

**And because the magnifying manifests what we put back into matter, then we supply our bodies with the right frequencies. And the right frequencies referring to the word right is what you feel. Then I'll repeat it again.**



**It is of no value that there should be exactly the same correct execution of the frequency for everyone.** In other words, it may be that you are carrying out that **frequency**, that truth within yourself in this dimension, in a way that is right for you. Because in that implementation in that matter situation you feel yourself. It may be that if I do the same as you do, I don't experience it. That's not like I can say you're doing it wrong, because it's not the case. That has to go completely. **So those are the registers of our consciousness that try to influence each other.** I can only say how beautiful that you do that. How nice that you do that. And gosh, I admire you for being able to experience it that way. And how wonderful that I can see that. What a wonderful person you are. And even though my head doesn't understand it at all, for example. That I see that from gosh, that's how you can experience it.

And that has to do: pull it apart again, the feeling that underneath it is what is moving, the feeling, the emotion, the thinking that comes out of it, that is the origin. But the script through which it is expressed, that is the biological, currently three-dimensional timeline. So you're dealing with two different pieces. And I'm walking another biological stretch. So it's also true that I experience it in my own way. And if we let this sink into ourselves very well, we can't help but come to the final flow of then there is not one truth to walk in how you should experience it. And I think that's really the basis for me.

Then you can say, you know, how beautiful you are.

And also really admire the way someone else does something. And even if it is the case that you see in someone else that it is not that after all and that you later start to see that it was actually not that at all.

**That at that moment in that now moment you can simply disconnect without looking back at the past, that in a moment with insight and with your own consciousness you can continue your own moment. So this is the force of peace.**

**People have to, but they have to stop, they have to stop thinking things about each other and be friends again. Cosmic and earthly friends. That's important. That's the calibration. In all those other worlds in which the one force lives... nothing is found about each other. At least, there is no negative projection behind it. There is no correction behind it. That is very, very important. Rid yourself of that by realizing it. Open yourself to that in your own heart to be able to see every person and every being in the way he or she moves.**

**And if what the other person is doing seems to be wrong for that person's well-being, it still has nothing to do with the fact that you will have to tinker with it. Because, that's what the law of quantum reality shows us when I tinker within myself and I tune in within myself and not to my memory of what I was doing, but in the now then I will see that the world around me, also in relation to the possibilities that are there at that moment that can also be scaled up, that the world around me responds to that.**

**I've told you before that when there are diseases, people who are disturbed by certain events from other worlds, those people are not treated at all. There is no treatment for a disturbance because that field of thought is wrong. A disturbance, it says it all, it is an adjustment of the vibrations of the coherent vibrations of the consciousness of what a being**

feels, who he is. And in worlds where beings return that have been damaged, so other vibrations, other realities have ended up in them and have a certain grip on those beings, there is nothing else than that there is a rehabilitation center. So those people, I'll call them people now, those people who come in there, there are all different departments for different places, locations, whole continents are special for it. Those people who come there, they can live there in their own way, there is no interference. There is no thought about how are you doing now, are you better yet? None of that exists.

There is another **consciousness**, another language of thought is active there, and from that other language of presence, which is just a very factual language, no one projection is set against the other. And that's the opposite of what you see here on Earth. That you see here on earth there are all kinds of signs and routes in the hospital, so you go that route to that place and if you are not aware of that, all those routes are also stored in your system. And identify yourself with it in the **sub-consciousness** of the human being and then you are also attuned to **that frequency** and that matter field can also manifest itself in your body.

What has already been suggested, what was not so until you went down that route that you are not aware of. It is a very big important step, however you experience yourself, how you see yourself. In the now.

So so I've read this and I also hope the first part is also as wonderful as you are paths, not all your mistakes that are all the same system mistakes of this world not all your mistakes, but who you are that you are so beautiful.

### **Empowerment come to Yourself**

I would like you to start together to bring a moment of peace and empowerment to ourselves.

You ask to participate, you can't, you can't participate in anything. You can only do that from within yourself. A person does not have to confess anything, a person only has to experience himself.

For the people who like to keep their eyes open, do it the way you want. I would say, close your eyes for a moment.

Tune in to the moment you are in right now. So all the words of departure and you don't have to think about anything. The only thing that happens here is that you realize that this moment is here. Rest.

When you feel that you are sitting here, you realize this moment. Bring the attention to your own body. Knowing that the body is a manifestation of vibrations that originate from your own original self.

And that's how you keep the attention on yourself. Within yourself, and so peace can arise within yourself, in your body and beyond the body. And so you stay with your attention on yourself. You don't have to do anything. You continue to be with your attention on yourself.

And see if you can put your attention near your heart or the place where your heart is or you can make contact with the field of your heart. Attention to the body at rest. With your attention in the place of your heart.

**Vibrations** that make up your heart. I know there is the way that connects to who I really am. I know there is the way that connects to who I really am. Quietly with your attention on yourself.

## **Explanation of ratification**

**When I give some information, it's always vibration.** Sometimes the information is also very desirable. Because that can be felt as desirable to gain a bit, especially the mind, insight.

From what, where are you located, in which district are you actually working? On the one hand, it is important that if the mind of you understands where you are working that you don't have to, that saves a lot of energy.

On the other hand, it is also possible that precisely because you have the choice to save energy, you will use energy on purpose.

**Because you're going to understand what that mind actually is.** And you can work very much in that. So what is needed is actually a kind of combination between that with your consciousness **so what you just did, that you come to yourself** with your consciousness.

**So your consciousness comes to itself, you come to yourself. And that from that self you can travel through different chambers of your divided layers of consciousness.** I'll show you what I mean by it.

But at least that gives a bit of insight into what you're in.

**Come into your own power. That's a wonderful mantra too. Especially when you are told to do so. Or if you say it to someone else, come into your own power.** But if you bring it to yourself, what does that actually mean?

**Come into your own power. So you can never explain that to anyone.**

**If you are aware that you can stop your thoughts and that you can really keep your attention on yourself and with yourself, that is related to the state of your own consciousness for everyone, but if you do that, then you feel that keeping attention with yourself and also on yourself, within yourself and not thinking about things outside of yourself, then you feel that that is an energy field that builds up several layers.**

**So come to yourself. If you do that, come to yourself and stay within yourself you learn, that is a re-learning process your body can do that then you will notice that there is more and more energy then you may not feel like there is more energy but you will notice that there is more and more energy coming into your own consciousness. So that's what I've been talking about. The Force Force. The life force. The divine power, or whatever you call it.**

The more focused that **consciousness** is placed there, people sometimes do that, when they realize what that actually is in themselves, people sometimes do it there, then at a certain point easy about it, then they don't notice it, maybe that applies to you at a certain time, I don't know but just name it.

People then have, if they think they have it and feel what that is, it can be, because the mind understands that those times after that, it doesn't happen at all, but that the mind thinks that happens.

So then I have that route, then you know which actions are involved, then you perform those actions, but actually at that moment nothing but a memory instruction is retrieved that you are almost sitting with, you look at it but it doesn't really happen, you don't do it yourself. Come to yourself, come into your own power is a different route every time.

It may resemble the route before, but every time it is the new moment of intention of now in which it happens.



So you can also let that slip out of your hands and think that's some kind of method that you're doing, but it's a focus area of your own. And then be honest, at some point you pay more attention to yourself than others. And then take pleasure at that moment, then accept how it goes, but at least keep the attention that is there then, really with yourself. And then you will notice that it suddenly turns on, that that focus in yourself can be a bit better. Hey, I suddenly feel that it is getting a bit more spacious and also more spacious around myself. So come to yourself, that's a very important thing, but how do you do that, of course you have to do that yourself. Very clear. Write how you do that.

### **Explanation of ratification**

We are talking about calibration, i.e. tuning. That part that you don't understand the mind, we all know. And the route we walk.

Visiting the Kingdom, so applying the language, the Force within us, through flexibility, by means of flexibility and strength is nice if you know more or less where you are in yourself and can visit you.

**I can make a nice logo out of it. Inside, I'll call it 1, 2 and 3 with the peel. These are, in a circle, expressed in the number that are three different levels of consciousness within yourself. And every level, every level of consciousness is made up of actually infinite fluctuations.**

**Level 1, that is the level we are in now as human beings. It's the beta consciousness. So the beta consciousness, that's the language we think in now. Beta consciousness is analytical. It's the mind, it's the mental and intellectual part.**

**So it wants to understand what's going on. Because we are locked up in it, lured, educated as it were in this world and also talk and act accordingly, because this is just what we have become now and what we do, we are mostly mind oriented beings. And in this piece here, that's, yes, let me say, actually a whole fragmented zone of who you are. Our reality shows that too.**

**Because if we were to remove all boundaries and limitations and filters, everyone would immediately take their place and say yes, boom, I'm back. I'm back to doing what I want. I'm back to doing what I want. I'm doing who I am again.**

I don't have to tell you, I'm already doing it. What else do you want to talk about? Too late, it is. Why? Pleasure? Look at me, I'm bursting with life force. Boom.

**This beta consciousness, that's the analytical part. It purely wants to analyze. That is what we are all experiencing. That's just the reality we're experiencing right now. We want to understand what's going on.**

**Level 2 Then you have the second part, so this part here. That's all moving around the source, that's the third part. The second part, that is what we call here the theta and the alpha consciousness.**

**So that you meditate, where you can fall asleep, but also go to a theta consciousness... and during meditation you will be fully awake. You can think of this as that hard drive of your consciousness.**

**So you have your ordinary consciousness, you have your sub-consciousness. These two things belong together, one and two. So that's the fact that your biological consciousness, one and two is biological.**

This part here, so the theta and the alpha **consciousness**, can be seen as the hard disk in which everything is written that is not lived in the moment of now. That's purely organic.

So the nice things that happened, the impulses, I found them, are all written to the hard drive. So this part. A lot of things, traumas, are all written to the hard drive. That is filtered out, because it has nothing to do with it. It didn't work that way originally. There are forces that have assembled this so.

Normally, this should be one part, that we also have the freedom of choice. But it's split in two to protect this and keep the layer one intact. So here you basically have to work according to a system. And anything else that you feel in terms of pluses and minuses, that can disrupt that system, that is stored on your hard drive. **So the sub-consciousness, that's where it's stored and you're no longer aware of that. Yet this is 95% minimum of full consciousness.**

So 95% of all your experiences, pluses and minuses, are stored in your **sub-consciousness** on your hard drive. **And about 5% of what remains in your superconscious, that is available. And we have that 5% in our lives. It really is purely the part that belongs to the body. This means that the 5% of that first layer is strongly influenced by the sub-consciousness fragments. And you notice that, because in a certain moment you can just get super happy with something that doesn't come from the moment of now. Then all it takes is for something to happen and then boom, you are overwhelmed with joy, but it speaks from your sub-consciousness.**

Where that experience has been before, or anyway. But also the other way around, you can now be very sparingly controlled by negativity, or by insecurity.

**And that all comes from the hard drive of your sub-consciousness. The striking thing is that at the moment 5% of our superconsciousness, which is actually almost the entire superconscious, is controlled by the sub-consciousness.**

So we all have very unconscious patterns, partly as humans are quite aware of that, but that's too fragmented. This part is mainly motivated by external stimuli. So those are sensory activities, perception, smells and everything. And so thinking on the basis of what comes outside of us.

**But how we deal with it, what we think about it, how we deal with it, what we feel about it, is usually, almost entirely, 99% comes from the hard drive of the sub-consciousness. Of all the things that have already happened.**

**So that's what we call the memory basin. Very peculiar. But that's a very strange thing. And all this is done to prevent you from going to level 3. That's actually level 1, if you literally look at it that way.**

**Level 3, Level 3, that is the source power of who you are. And so you can't look for them outside of yourself, with all kinds of situations.**

It's just within you. Here, live. Here are a hundred people, source beings, sitting together live, source people here. And everyone knows for themselves, in all honesty, everyone knows, maybe at a time like now, that is not ready at the moment, that is possible. But we all know very well what freedom is.

And we all know exactly what life is, we can get that from the source from within, what life here, for you, is about you, isn't it? You have the core.

**What life must mean to you. Oh no, that's not allowed. That comes the sub-consciousness with all kinds of programs, which say, yes that can't be done, because if I start doing that, then suddenly I put myself above all those things that I am working on, that I say need to be solved. So then you have already moved into sub-consciousness 2.**

**So you have the superconscious being, the sub-consciousness, and the third source is the zero consciousness.**

**Those are the delta waves. The brains that actually fall to zero.**

**At the moment that the delta waves take place, and as black and white as I say it now, it actually is, but biologically that is just not quite right as I explain it now, because it is not set to zero, but if the delta waves are there, then the brain, if you are with your attention to the truth of yourself, Can the brain be the crown, the heart's intelligence, the vibration that the matter we call heart consists of, that is the kingdom, the vibration that the heart is made of, the frequencies, so that is the master code of the kingdom.**

**If the human being listens to that, then that information is recorded through the delta state, lifted up, completely directly, to the level 1, so to the consciousness, the main consciousness.**

The question is, how far is man, and therefore also you, in your own true source power?

And then I find the word source sometimes because of the, and this is all very beautiful that it is said, countless people, so it is not a detriment of people at all, but because the word source is **so placed outside of humanity itself, and it acquires a kind of mystical, just purely through a misunderstanding and ignorance, And also because people just really need to be emotionally blackmailed by an external source, because it is much easier to surrender yourself to an external source, than to show yourself in alignment with that source force, and to be together with that source. Because people have that difficulty, the word source is quite a debatable word.**

But then just bring it into the context of the word to yourself, which is the source. When you're thinking about certain things, or fantasizing, there are times when you know exactly what to do.

**And then you know at least, if it does that, if I take that away, then you know what's going on. Then you are in a state of consciousness where you know what the real reality is.**

**Only you open your eyes and you see something else. So it's that source power within yourself that knows that, so that's coming out of the book here, that's where I'm pointing it here.**

**Tuning in, adjusting, so calibrating, being well present in your calibration, not thinking anything, so we go to that level, just being there, and fantasizing about what there is no thought on, but what arises from feelings, is actually not worthy of the word fantasizing either, because it is thinking, it is really a consciousness.**



**But I'll call it at this stage, fantasizing, fantasizing is docking into your own inner intelligence.**

And these three phases, so these three steps, you are in this, you go there, or you just stay here, or you go there, in any case you are there again, so you have to get insight into that.

**What stands between your consciousness, your source, and the execution in this dimension?**

So here, that's this shell. Well, I dare say that, that for all of us, as those present in this dimension that we see now, it is especially true that we are regularly present in the source of ourselves. So the **self-awareness** is mainly there. We also react to that, as soon as we respond we are here.

**So we're not aware of ourselves, do you hear? You are yourself as a human being, that's not an accusation, I just call it that, as a human being you are far too often absent yourself, so far too little consciously present.**

So it can also happen, so now, because this is an interaction that actually takes you there. Because you're listening to information. If you listen behind the information, what it means in images, for example, and what it means in content and feeling, then you are right there. And what is that source?

**The source force is a creative consciousness. It creates frequency. It creates energy. It creates language. To those language vibrations, organic, analogous, to those language vibrations, which is created, created, vibrated by you, language is added to the dimension, in a dimension that is dominated, especially by layer 1, very visible in the image, and in layer 2, so 95%, that vibration of your own consciousness, ensure that that consciousness vibration of yourself ends up in the vibrational field, **What we always refer to as a matrix, or as an alternate reality.****

So then I come to step 1, what I just said, of what I'm telling people. **We, humans, are not just creatures.** Not higher or lower, but I'm putting it bluntly, we're not just beings. We also have a place, just like all our life forms we have a place. A place with our golden heart, a place with our honest mind.

**We are beings who create non-stop language vibrational fields, which we call emotions here, from within, non-stop. We vibrate the realities, so cosmic realities, dimensions, we vibrate full of our self-awareness. So that's what we do, that's what humanity is. Not only here, this is humanity of all qualities, in all different timelines, in worlds, man is creators, organic creative vibrational beings, who can only do that if you live in mindfulness with himself, so with himself, so the deepest knowledge of himself, so if you are an engineer, if you are a developer, then you are, Then you feel that, then you carry that out, then you live that, then you vibrate that, because you are alive, the experience, it resonates, that flows into another channel, and that flows into a whole district of the quantum realities. So the field that you generate, so pure that it can be, because you are doing who you are, you are thinking based on that, you are talking about, for our understanding, an extremely high intelligence, that supplies realities in which there are disturbances or disturbances.**

**And the biggest disruption in this reality is you.** Standing in front of the mirror, damn it's just like that, because I know very well who I am. I know very well who lives my heart.

I want to dedicate my life here on earth, in this dimension of time, whatever happens, I want to put my life at the service of, well, and that's it, and I can do that here in the Netherlands, or I'm going to do that in another country, or I'm going to do it in the Netherlands for other parts of the world, just to name a few, And then you feel your source, boom.

It may well be that five years later that boom feeling is gone, because that **vibration** is completely given in the field. And then the field informs you, like, we've got it, it's there. So that's talking to God.

Not your ego that says, yes, but I'm going to do this until I'm three hundred, because that's my mission. No, the mission here is as big and ready as the field is also supplied. That's what we're in here right now.

**So that source, that's what we have to look at, that's actually the biggest, ours is the biggest adversary, is the pollution of level 1, the main consciousness, and the sub-consciousness. Now comes the nasty thing, and they have done it very nicely, whoever has done it, that in fact you can hardly achieve self-realization in the main consciousness, because you are constantly belittled by elements from the sub-consciousness.**

**So out of unprocessed anger, unprocessed emotions, away declared desires. But the fact that they are all rational words, the power underneath it, is that it is an emotion.**

When Marcel Messing said to me one day of desire, the word desire is a devilishly demonic thing, then he said that. And I get how he says it, from that piece. And that's right, because what is desire?

**So desire can mean a lot of different things. But if you look at the desire of an emotion, there is a connection to it. If you have the desire to experience something, then it is already at work itself, the source. Because from there you feel the emotion, that power comes from your source, from yourself.**

Then then, in the world of matter, how does that desire, how does that source feeling, in this reality, as an experience, come to you.

And then you discover like, hey, that way I can feel that.

So the word desire, deep desires, from your source, so not self-enrichment for the benefit of yourself and to the detriment of another, but purely focused on yourself, because you feel, I can just do this, without pulling other people into it or something.

**This is purely related to myself, but it is a desire of mine to incorporate that into my life. That's the source force. So the question is, and that's the whole session of calibration, for yourself you have to look at, what is my life, right now. What is my source? Not outside of yourself, here, down to earth, what are those feelings, when do I feel really happy?**

**When will I feel that oasis coming back? When do I feel that connection with humanity?** When does the hatch open for me of gosh, what an incredibly beautiful person you are. I just cried the other day.

And I was somewhere, and somebody passed by, I said the man that was just passing by. What an intensely beautiful person he is, what a beautiful man he is. Look at what a beautiful face it has.

And for this world, speaking from here, not worth a finger. Could feel it. Looked at him. So pure. That's real, that's gold. So yes, where are you? You're sitting here. These are disruptions.

They are invisible, because they are on your hard drive. That is your **sub-consciousness**. And you have your source. And a lot of people say yes, but this doesn't exist. That **sub-consciousness**.

And if it does exist, then it's just trauma that needs to be treated. So this drawing is very simple, but it is what we are dealing with.

### **What do you think is in 2 (theta)? In your life?**

**Answer from the audience:** A lot of rubbish. Yes, all distractions.

**Martijn:** And that distraction can also be a very beautiful thing, of course. And how do you know if something is a distraction?

At some point, you just have to be very mature from the inside of your heart.

Curtains open. Show it to yourself. Speak the truth. Then you can just see it. **You know very well when you are happy. When it flows. Happy is just such a word. But you know that. You know when it's within yourself that lights are going on. That something is happening. That a vibration goes through you.** Or a dance in your head. Or that you feel your feet vibrate. Or that a kind of peculiar nervousness arises. Who you almost want to bring in to bring action right away. But you can't.

**Because that action is still impossible to imagine. And if none of that is there. What are you really doing? Because for me, there is only one way. And that's not the way I say it. But for me, there is only one way.**

And that is that every person goes into it (Martijn points to something on the board). Do you remember? Do you remember? In your feeling what you have felt here in this world. Or maybe it feels right now. Or just feels it right now.

Or that it's in your memory of I've felt it somewhere. But I've lost it. But I know it's there. Do you remember? Instinctively or even with your mind.

That there are moments in your life. Which are so filling and all-signified. And bring so much energy into yourself. And so much value. And maybe also bring some kind of emotion.

That you know at that moment I have to go into a completely different course. This is something quite different. Do you remember your source?

**When they tried to dampen that divine part in man. Because the supply of that organic power was not desired. Then we got lost from that part in its wholeness and fullness.**

**And we got moved to level 1. And we got damaged in level 2. What your source is is the absolute truth. What you feel here and what you experience here. And also within the movement of which I am a part. So what I'm telling people can get lost. That happens. Because people tend to walk that path.**

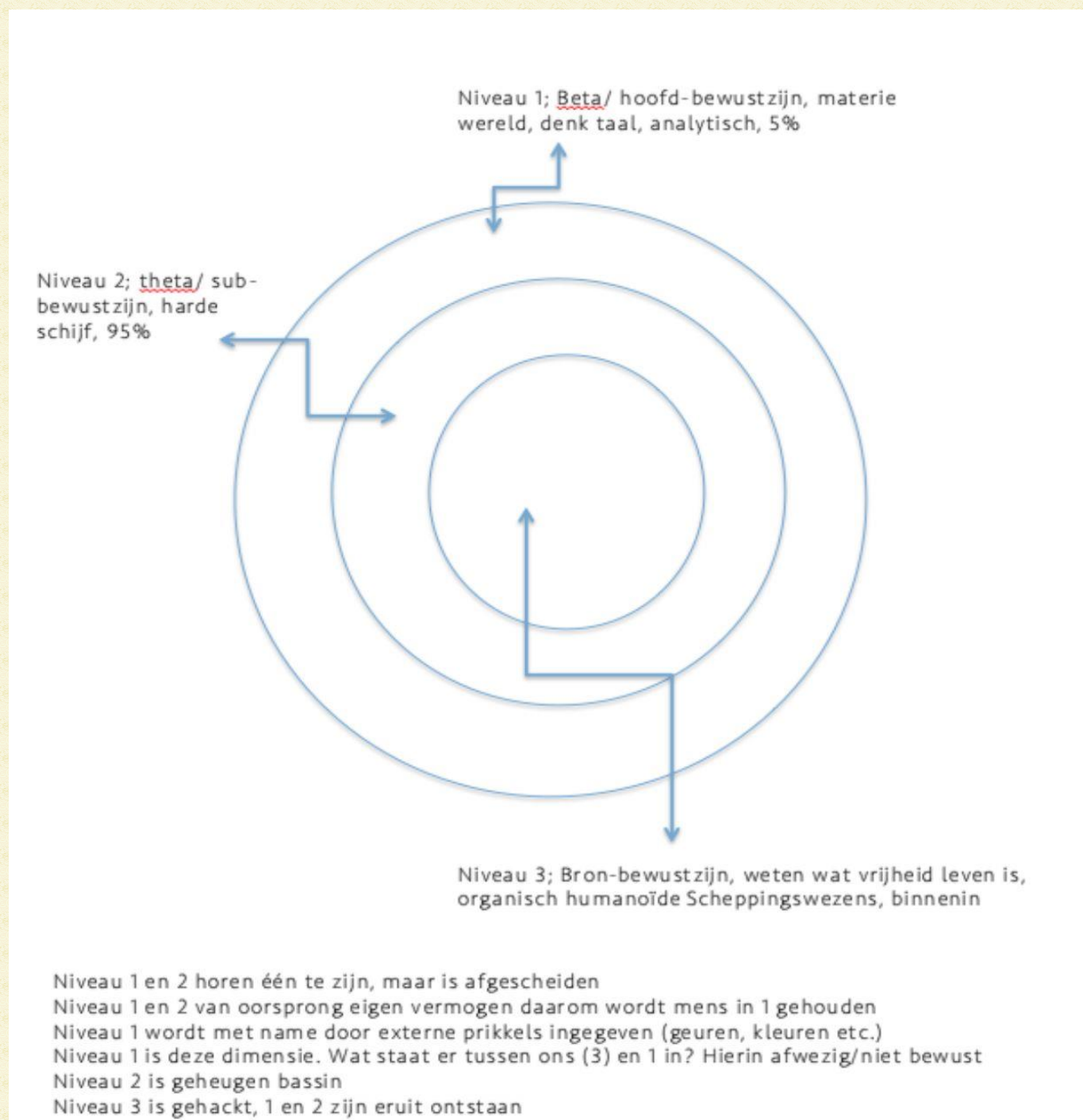
**But with everything I tell, I can also get lost on the source path within yourself.**

Because then it is brought to your mind. And then it is so valuable and perhaps exciting and beautiful what Martijn tells. That your mind is more in that direction, analysis, part 1. want to hear and understand more about that.



More, more, more, more. Because in doing so, you feel your own source. And that there is an entanglement with the fact that you think you experience your source through my story.

That is not what I intended. **So the source, that's where you are with yourself.**



This simple drawing is a very large extensive, I can almost say a kind of reality or star map. About how man works, how the mind functions. That route 2, that's what it's all about.

That you gain insight into that. And route 3, that's where you're in, is underneath that. And then you pull it from your source through level 2. So through the fragments of pain, joy and things that are in the **subconscious** .

They're all connected to each other. **There really are things that you do know from under your consciousness.** But for that, you have to be honest. And then you go through level 2, you get to level 1 in your current thinking. And then you can get the source through those levels in your mind. And then calibrate the body. So you're calibrating your psyche, so to speak. Psychotherapy is also in level 1 (analyzing). Many people think that psychotherapy is a kind of spirituality, but psychotherapy is actually nothing else. And that's a lot, because that's very clever work. But that's actually in level 1. So in the burdened psyche. And then you start working in **the subconscious in** which the fragments lie. For example, if you're an abusive, or sexual, mental, or whatever else happened in such crazy worlds as this. Then come stored, what has been filtered out, then they start working in the **superconscious.** So that's just the psyche and then you start analyzing and then you bring out the fragments. But that doesn't make them disappear. At least, they will always exist, but that doesn't make it any less. **You're really just re-programming the pain. By putting a kind of sub-program on top of it.** Where the meaning of the pain will take on a different value. That's basically what you're doing, it's a kind of hypnosis actually. But it is very effective and also very welcome. Because if this is a way of what is needed to soften, to be able to get through life. Then of course it is very good that step. But when people become aware that there is also a deeper layer underneath in the human being within himself. Then that deeper layer can emerge with love and attention, so to speak. Come here.

I recently had a conversation with a twenty-year-old boy. And it is just completely misunderstood. He is laughed at and ridiculed by everyone with his ideas, his plans, his investments. That boy has a kind of physical delay in reacting. So it's slow and a bit, and then the word strange. But that boy is run pure. Walk cleanly. And I just ask him how he feels about that. How does that make you feel when your parents act like that? It wasn't there. He also couldn't say from here. Because it was already clear that that's not fun. He also couldn't say from here. He could only say from here. **That took a while, but it came about that he started to tell what he felt from his source. That was a very nice conversation with that guy. It was so healing for him to be in his well.**

And for me it was so healing to be able to build that bridge with each other. And to feel that I have that pain too. That I have that pain too. Because I live in this world too. And also come across all those things through other people. And then through observation and connectedness I can also feel it in myself. But that source power brought him so incredibly close to himself. That he also started talking about something he doesn't actually do at all. That boy is not in school, no education, nothing, nothing, nothing. His father and mother also nothing, nothing, nothing. It was the perfect picture around it not to assist him towards that stretch. So no attack on those parents. I mean with perfect picture to stay right in this piece. And we just come to a really nice conversation and he starts talking about anything and everything. And I thought, what a nice conversation this is.

How nice of you to talk about yourself. And not because I like you to talk about yourself, but now two source beings are having a consultation with each other. How nice that is, what a good conversation. That's such a nice good conversation. And you could just feel things happening inside him. He was watching me and he became very reactive. So where the lethargy and the slowness were, he became very active. He started to respond very actively.

And then I ran into him again a week later. Then he told me what he had stopped and what he is doing now and what he wants to do with it.

Then he also asked me, he said to me, everyone actually wants me to do all kinds of things. I have to go to school, so all those systems. At that moment I was doing something else.

I turned around and I said, I'll tell you what. And R. was there. I said I'll tell you something, he always sees that I'm very busy. He always sees me working on something.

I always just feel very relaxed. But I'm always busy. I said I'll tell you what. I didn't do anything until I was 23 years old. Nothing at all.

When I was 23 years old, I started working and then I found out that I wanted to keep it that way. Oh, so what? I didn't actually work at all until I was 23 years old. Just did a bit of a job. You're twenty now, what kind of obligation do you have lying in your head? And he just got in touch through my honesty, so as not to conjure up things that aren't there.

By sharing my honesty and just my openness, he came into contact with his own source. And in that moment, you just felt like that guy was completely relaxed. And he became terribly ill the next day.

Sick, sick, sick, sick, sick, sick. Sick. Yes, he didn't get sick. The disturbances of the subconscious mind moved so violently that it passed all the way to his physical system.

In fact, these are already the workings of the body's intelligence field of the body, but based on the source. Just be honest with each other. That's valuable. So for you, the same applies to the source, disruptions and the execution at the moment.

I just want to ask a few questions about it and list them. Then you can write it down in your own booklet if you want. Or if you say that, I don't write anything down. I do it my way, a different way do it but your way. But we can go through that calmly. To be in this day, and it still has a profound effect, in your own consciousness, because it is not time-bound.

This has probably been going on for a long time, because this day is of course not the starting point. This day is just an expression of all the frequencies that it is all about.

So that in the coming period, you can get started with that calibration very quietly. And I do want to say to you that the difficult things that may exist, the challenges, the questions, maybe the uncertainties, or maybe the mistrust that are out there, just take those with you next time.

If you can be back in this for the next sessions. Because it can be done on a biological level, it can sometimes lead to a decent, yes, inner discussion. That's okay too, isn't it?



**Remark from the audience:** Perhaps it is good to realize, in layer 2, even if it is your own, in your own baggage, being unaware, that there is the majority collective.

**Martijn:** She says, yes, she says, maybe it's valuable to realize that what's in layer 2 is also mostly collective. Because that's true. But in the end, the entire collective field is made up of your original wealth. Because there is the craziest thing about it, that this originally, this whole part, which we now see in this separation, so your **layers of consciousness**, are actually a kind of schizophrenia at the original source level.

The parasitic forces, the training fields **that** have managed to penetrate pure consciousness, as high-tech cars in this world also do, so it is also done by other intelligences, very well described, it is actually the case that this entire field is originally your own ability. So everything that is in that sub-level, that's right, that's collective, there's a lot of collective energy in there, but that collective energy that responds to your source power.

So if you don't put outside of yourself as collective energy, but if you see a cross-connection between collective energy and a part of yourself, then you also see from, from, it makes sense if I look at it from a quantum level, that my part of my **consciousness** is present everywhere at the same time, then my own discrepancy is also present in the world around me.

So then the collective part around me, which I very soon assign three-dimensionally biologically to all the individual processes of the people, are actually supplied, quantum technically, by my derailed particle.

In other words, is it true that it is truly collective, or does the collective arise from level 2 of me?

So it's true what you're saying, it's true what's being said, and the great thing is, that's the case in the quantum field, that your direction is never one way. You have to see it in all directions at the same time.

So I am both a participant in the malice, and a participant in the light-bringer in the order. So that's what's happening. And it's my **consciousness**, if I can see it, then it changes.

So what is so valuable to us is that we have to realize, for ourselves, we have to realize that possibilities that are already there can only respond if your **consciousness** opens up to them.

So what is not thought, to put it bluntly, cannot become manifest. And that's why a man is kept there, and we're not allowed to talk about all these other things. It's very sophisticated.

So being a quantum creator, that's the divine power, creative power. The blissful, the complete courage, nature, it is the full life, in every possible way.

And so what I just said, you have to point the arrow the other way.

So we think that we are very isolated, because of these events on earth, where we are on the verge, even now, of not achieving that breakthrough in that, but realizing, that's it, isn't it?

**We don't have to achieve anything, our consciousness is the awareness consciousness, so those information fields just jump on. We have to realize that we are not just isolated, that we suffer from it, but our isolation, other civilizations suffer from that as well.**

Because of our isolation and lack of awareness, the family members, who exist from all kinds of different worlds, there are quite a few of them, who all walk right through each other, they don't get anything from us anymore.

Because our consciousness is closed. We don't know as a collective civilization, we don't know even as people who are dealing with extraterrestrial issues, we don't know as people who are involved in the original kingdom relationships, that we feel we are.

Even the realization that we can't see them anymore with our attention, that our attention doesn't flow there, has a direct effect on who they are. That's the link, that's the whole of life how it normally communicates. So the isolation is going in different directions. So then you come back into your own life, you wake up in the morning and then you think gosh, 1, 2 or 3. 1, 2 or 3. They're just numbers, but they're big cosmic questions. Who is part of this? In the moment. How are you going to do it?

Yesterday I had to go into the garden, except for all the things I was doing. I really had to prioritize my own feelings, on top of the things that also had my own feelings. That was a bigger feeling, that was the moment that I could sit in the country for a while, before the sun went down. That feeling, I listened, the birds are going on, they're all going to sing songs and stuff. It was so nice, I have my eyes closed, on the left the rabbits are sitting in nature, on the right are the chickens and the roosters. I'm so at peace and then that rooster comes and sits on the fence. And look at me like that. I say, bye. And that moment was my source moment. I also tell it in simplicity, so the source moment. Let's get to that. Nice and quiet and so being able to feel and experience life. And then with a powerful follow-up. Is this a bit clear?

**Question:** I had a feeling that with what you mentioned at the 1 and 2, that those might actually be the akashic records. Whereby, you've also said it before, of those 95% of possibilities that have been closed.

But that if you are in 3, in source, that you actually unlock all those possibilities. Could I see it that way?

**Martijn:** Yes, that's true, because these are reaction forces. And as you, and that's why, when I look at myself I react, of course I also react. Which makes sense, because I also live in this world.

But I mainly react on my own, I just react from within me who I am. And because of that, a lot of things are happening around me, and that field is not.

So those akashic records, or whatever you want to call it, are very often not reactive with me. And being in your source, we are talking about going to the basics of yourself. But getting into the basics of yourself, that is in fact exposing who you really are. And so it's not just the feeling of sitting with your eyes closed and in silence, but it's also with your eyes open. And look into the world, just look into the world. It can be very strange for other people to see, what is that? What's going on here? Feeling that. But that source, that's the core intelligence. And the stronger you are in that source, as you could see in the drawing, the more attention and intention power there is, attention to yourself that you are alive, the more, which is what we just did in the exercise, the more that resonance of your own consciousness increases.

Please don't measure it in more or less, it's **frequencies**. And if that increases, you could see that in this drawing as the sphere getting bigger. And as the sphere gets bigger, the sphere around it becomes smaller by definition. And that is also the threat that there is for the controllers, who are just there, in this case our systems, that we are not in that source, we are allowed to be in it, that is allowed with a meditation, wonderful, **you can practice that twice a month**, all right.

**But don't be in that source all the time, because if you do, then your sub-consciousness changes. And you even lift it, as it were.** So I'm also saying with this, that traumas, I've been saying that for a long time, traumas can't be solved. In the sense that you will understand it and that you can put a method in return.

**Because they all know that we are emotional, loving beings. And everyone has had a terrible deep crying fit, that you couldn't know for a while, even with your mind. Then you know that the moment you cry all over and everything runs out and everything is felt inside, then you know that after that things are cleared up.**

**So then a part of that sub-consciousness, has been straightened out by organic source, is disrupted. And it's not like you're just crying. But if you do this in combination with your mind, and they come together, then it becomes a very coordinated conscious presence action. And then you calibrate directly into the body.**

**Martijn:** No, you just went to the toilet, I just gave a fantastic reaction.

**Someone in the audience:** I listened to you first and then left. So then one and two is now the hacked part.

**Martijn:** **Yes. And in fact, this hacked part is the source. And this actually came out of it. And within these layers, here they are layers, but with us they are all vibrational fields, language fields. In all those language fields, there is also the hack that I told you consists of many different levels. This is what we call here on earth the fall of the suns, or the fall of consciousness. But it's actually nothing more than a diminution of your source power.**

It is actually absurd that in this world here, on earth, you just have to do your best to create a zone for yourself in which you can experience yourself. Just like with a first family, you have to send them out the door.

And then you have to ask the neighbors to leave the equipment off, that it's really quiet. If you live on a tram street, you just hope that there is a tram blockade somewhere, that it doesn't pass by either. And in the end, the moment remains from source.

And that that part is actually what it's all about. It's absurd, really. And yet it can be grabbed just like that.

**Someone from the audience:** And what are those akashic records? Are those also parts of the hacking program?

**Martijn:** **Yes, yes, yes. You can say, and quantum reality shows this, and quantum physics shows it as well, that there is no stationary moment of the past. That is how we see it now, because we are informed by that language,**



by the memories. There is also no stationary future, because every moment when the human being is in her source force, in her own attention, and that is therefore measurable, which is also beautiful that it is measurable, the moment man comes into the source force of himself, the information fields from which matter arises start to vibrate differently.

So the language fields underneath the matter shifts. That's also what visitors from other worlds do. In this way, they also enter through the language behind the matter. And that language behind matter, that language, that is your consciousness.

That's how they get in here. Kingdom relations. And what happens is that you can say, the future, so the future is not a fixed fact, the future changes according to the present moment in the human being in her own source power. So if someone here tells you something about the future, and you believe it, then that vision of the future will also be printed in you. Which is why that, it's not necessarily about it coming out, but then you become a carrier of that information, which is therefore language fields, through which it manifests itself exactly.

And the people who are promoting and propagating the dark times, and about transhumanism, and about all kinds of cabals, and all that kind of stuff, those people are actually on a quantum level tools to insert it into the matter of your psychic d (think..?) field.

Whereas when you go to your source, then those language fields, because this is just the science, the cosmic science, those language fields start to move, and that future is acutely erased. That's what we're talking about here. And that is why we say outside of terrestrial civilization, and human civilization, that you half don't know how big you are.

You are the gods of origin. And you must not believe what is being said to you. Because it says in books, you have to believe in who you are. Who you decide to be together. You need to feel about the future, rather than think what someone else is saying. And that makes everything different, because it means that no future is fixed. So there is no future that is fixed for you.

But why are you worried? Quantum level, arrow in the other direction, there is no past either.

The past is there, that's what you carry within you. But the question is whether you will wake up tomorrow, in the same scenario as now. And whether you will be able to have the same past tomorrow as you do now. The quantum level turns everything upside down.

But we have to make do with what we can experience. If this is true, and this is the true, that frequencies are constantly shifting, then we can't avoid saying, I can live fear-free, I can live fear-free, because nothing is set in stone.

And you can, oh no, I don't have to live fear-free, because I might (die?). Boom, caught.

Get it? It's structured in such a way that you don't have to go outside of yourself anymore. You have to live within yourself, better one day, in truth, in genuineness. That you feel the moment, that you say, we have a

**nice moment, a good meeting. How very real this is, good gracious, you don't really know each other.**

**Yet from that frequency, bygone from other times, you do know each other. And then you end up with bigger missions, which you've gone to. Your function that you have given yourself in the worlds in consultation with other people. That you supervise large projects, that you have a wonderful place to stay. That there is a place of a lot of peace, warmth and also engineering, with a lot of development for all kinds of other worlds. Then you just come back like, this is just the key.**

**And that's kind of upside down, because when we're talking about calibration, there's nothing to calibrate, there's nothing to tune in this world. So you can't align yourself with something you'd like to do, achieve. That is precisely the misinterpretation. You can only tune in to what you feel inside. And that can only be done now. Not what you started last week, or what you started six years ago, but what you're feeling right now. This is the time when it is born. And that's the return of the Christ field, isn't it?**

**Question:** Yes, I think that's interesting. And especially **that subconscious**, I've heard that before. And that is, say, not the human being should experiences disappear in it. And in another word trauma, I do see that I do my best to work on that and especially those parts of the trauma.

But what about the knowledge that is cited, the technology, of this technology? How should you deal with that? That I've almost been killed a few times. One time I came into the garden and a laser beam hit my head. And I was paralyzed. I had to breathe myself again, because my body couldn't do it anymore. And later at a lecture by (Kaiser?) they had a laser beam pointed at me. And there was just every cell in my body dying that night. And then I think, how should I deal with that? And then they had these black cubes and so on, which I've had a lot to do with. And I find that very difficult to fit into this story, what you say. Because when I am in the source force, I am also attacked, for example in my garden, at that moment. Okay, I'm not happy then. Yes? Hoppakee laser beam in my head and I'm paralyzed. And so those are things that I just don't understand. And then I'll be too much in that percentage of that speed by itself, or something. Maybe I'll train in my well or something. But I have no idea how to deal with that. I have no idea how you get that out of your life. I think that being attacked from technology, in my life, really makes a lot. And every time I'm almost killed. And I was almost killed by those accidents, too, and so forth. Then I think, yes okay, okay, then I'm standing here. But I'm doing my very best, and I'm doing this, and courses, and training, and exercises. And I think, yes, Trudy, you have to be in your heart. You need more of this and you need more of that. But that's the kind of thing that bothers me a lot. Plus all the consequences, that every time I think, yes, now I'm just forgetting about the pain. And then I have to sit down again. No thank you. You know, it's things like this that I have a lot of trouble with. Because I think, when am I a source person? Where do I see that reflected?

**Martijn:** Yes, from what course did you speak now?

**Answer:** I think from those two, from that sub-consciousness. But that's the part I struggle with the most.

**Martijn:** I hear you.

**Response:** Yes, I know you hear me too. I don't know how I can do that differently from other things.

**Martijn:** By the way, this does relate to all of us, doesn't it? You're just the brave one that's opening that up here now. So there will be more people who could say that as well. And perhaps much, yes, more fervently than you.

Yes, we are allowed to be there. We're just there. But, of course, these are drawings. But if you just look pure, huh. That's what you call it, about technology. Look, you could say that your level 2... And I don't know if that's the case at all. These are all just examples. But most likely your level is 2, and that is the **sub-consciousness**, so the hard drive. It is probably completely filled up by previous negative experiences. And by negative experiences I mean, very simply put, the reversed than what you know as a source. If this is full enough, this, if there is enough information there, then you will also notice that if the reaction from this level, from this, so that sub-personality is actually that. It's not just sub-consciousness, it's a sub-personality. That moment something happens to bring that sub-personality to life through this level, so this is dragged there and then you talk right into the world. Then you could say that nothing else that happens that you are actually a kind of victim of what is on your hard slide of your biological system. And the worst thing is, but I don't know if that's true for you, the worst thing is that when you talk about that, you get all these judgments from other people that you can't do that. You have to keep your mouth shut about it, you just have to go to the source. That's what happens a lot. Yes, and that makes...

**Response:** No, in fact. I've heard oh you're not aware at all, and you're not on the right track at all, and you need more in your heart and all that kind of shit. yes what do I get out of that, no fuck at all.

**Martijn:** Well, what you could get out of it, I'm not talking to you specifically, but what you can get out of it is to realize that the person is actually quite right.

**Person from the audience:** And then?

**Martijn:** Because then you have to deal with that statement that you are not aware in this level.

**Someone from the audience:** And how do you do that?

**Martijn:** Realize, boom!

All of us in this world react very much from our sub-personality.

**Someone in the audience:** Yes, I know, yes.

**Martijn:** So I don't respond all the time, yes, I... That's nice.

Look, what's beautiful is that I'm no longer responding to you, but to the whole. Because this piece is so incredibly valuable to see, because why shouldn't someone else be allowed to speak the truth, at the moment that I indeed, while I can see that very well myself, am just not in my source power. Is it nice when someone says it?

No.

But is it true?

Yes.

Can you do something with that?

Yes.



**Are you up for that? Yes or no? So you have to look, this is a consciousness circuit, isn't it. We are in a very large consciousness frequency field.**

This has everything to do with, it is also my part of my job, that from this piece I together with other people, I have not felt it for nothing, have seen and read, that these kinds of days can be very important, to bring about that contact. **Open contact. To see, can the real royal heart, royal is fair, can it see that too? From damn to it again... I'm just reacting really heavily from my sub-consciousness and I'm also a sub-personality. Standing in front of the mirror for a moment. Ah, that's what Martijn's sub-personality looks like.**

Bright eyes, tightened face, the testosterone through the muscles and so you have given another slice on his shoulder. So I have to see that, I have to see that. **You don't have to fight, you have to see it. I don't want to say that seeing takes it all away, but it's about the realization. The divine power is that you realize what it is. Simply, this is it. And it's true. This is just what's going on.**

So what's going on is that there's actually a constant trying, that's that safety zone for the other group, to make sure that you keep moving between them. And the worst thing about this story is that this zone, that sub-personality, only increases. Not with you, I just have it in the whole. And if you can start to keep that in balance, that you feel like, ah but I also have to counteract that, that I move in nature, I have to counteract that I connect, that I give myself space. **In my way, so you don't have to actively do something, then you can start averaging in it. So you have to enter that balance point within yourself. This requires precision, it's an operation, it's a precision operation, for yourself in it, that's why no one can do that for you.**

I'm just always honest, no one can do it for you, you can only talk about it. But you have to keep it balanced, because if I'm going to ask about the lecture, I've just experienced all of these things as well.

**Someone in the audience:** Yes, I know, you've told me something about it.

**Martijn:** **So what I do, I do, the moment, I see the sun, I grab my coffee, I sit with the animals, or on the balcony, or on the runway, I can also meditate there, at Schiphol, it doesn't matter to me, and I get in touch with myself.**

And that's all you have to do, but it's not the assignment to do that. If I don't do that, then I will stay there (level 2 **sub-consciousness?**), that zone has to change, so my **frequency** has to expand, so to speak.

Which can stop the space from which they are shooting. And now it comes worse, you think you're being shot at from the outside, because that's how it happens here. And that happens, but those are actions of something else.

Other people don't treat you correctly, people don't understand you, people judge you. Those are also seizures, a laser beam on your face, or through your head, is also an attack. But all those attacks that become visible in the field, they are drawn from your own sub-personality.

**So from the hard drive, where the information is stored in vibrations in your consciousness.**

Which are in fact original source forces, where your greatest fears lie.

In fact, as a human being, you are constantly answering those things that you actually know very well about yourself. And the answer is to get rid of it as soon as possible. So let's say something about it, goddamn this happened... Grr... ready.

But you could also say, instead of that, I'm going to talk to them in a different way. **What happens is that from this frequency, of which you are the bearer, as a consciousness creator, from this frequency the information is pulled away to launch those scripts into the matrix. Because the matrix runs on your creative power.**

The matrix, this reality, not the full matrix, but the unbalanced situations, so the nasty things that happen here in the world.

So the incoherent energies, so out of balance, out of harmony, everything that breaks, that causes division on your screen, that comes to you, that all comes from your own hard drive. And we'll leave in a minute.

**And don't think that that hard drive is something physical, but that hard drive is a very large algorithmic vibrational field. And that's where they're messing around.**

And so you have the choice, I'm just going through life with my problems, ignore it, and that's what some people are already doing, tens of billions now, books under my arm, **to read through all kinds of channels what the meaning of life is.**

Nothing wrong with that, but there are also people in this world who have said stop, I've gone through so many channels now, I've seen and felt so much, all a lot of wealth, I've read about foreigners, I've read about ascended masters, I've read about this and that and all kinds of things, karmic models, I have seen everything and everything really has so much value, **within those vibrations it has so much value, but I have also seen that it is actually not possible.**

Because there is no beginning and no end to it, there is no story in what it really is, why it is so, it is also not explained why I can feel things that I have not experienced before. It is not explained enough to me either, and then we come to those points.

**So you have to keep saying to yourself hey, I have to get to work. A responsibility about my own path and the things that are going on in me, and that is not necessarily about the trauma, but it is about fragmented consciousness, which can also turn out in a positive way, I have to work with that.**

**People who aren't prone to a lot of negativity, so let's say people who aren't so prone to being boxed in by negative scenarios, those people are treated to a lot of positivity in this world.**

So a lottery is won, or a requested holiday, those people are just there, and all kinds of beautiful things can happen, of which you think, well god, see god does exist, he just wants me well, and I am the chosen one, because yes I get positivity coming my way, but by now you are not in your source. By now you're still sitting on the sidelines of yourself, and you don't feel that life that you create yourself, that you wake up in the morning, and that you feel, I'm going today, that's what comes to mind, I'm going to get oranges today, and I'm going to press oranges for my neighbors, then I'm on with my feelings, Please I picked that myself today, and that the neighbors say wow, that's sweet, you know, like that. So that feeling, that it comes from all within yourself, you can still miss out, with a lottery and beautiful things, and meet a man with five hundred thousand in his bank account, and a perfect mother-in-law, you name it. But that's well, look, so plus and minus, then we shouldn't look in plus and minuses, so we've learned it in such a way that if something doesn't serve you, then there must be something negative, because this world is of course completely full on both sides.

**Note:** Yes, I would very much like to add something to your story, which is that the two outer muscles, in my opinion, as soon as you get to your terminology, geometric and inner, the mandela is creative power (...?).

Is here in our physical heart also, and that is also your own comment, that our heart is the inserter of source worlds and source information, in neurological system (?), those are the two outer layers.

And I found for myself at some point, that if I keep my hand here. And I do slow abdominal breathing, usually lying in a relaxed position for 10 minutes. And I repeat that every day.

That at some point the mandela structure of your heart is going to loosen things up in the other shells. And actually just dissolves the outer layer. And not experience after experience, but at some point with a whole (...?) vibrates out at once.

Because it has been loosened by the mandela effect.

That is the only field that can break down the geometric structures, with that we are the boss, only we don't have the keys, this is one of the keys, that might also be the answer to your question, you also need a key how to do it, because those second layers are indeed a very annoying problem, Because when you are full, then it is really difficult to get to source, and you cannot approach it from the outer shell, so you have to somehow have the key how you can come from the inside, or from source, about, so to speak, and then also how you can come to say dissolution of (..?). Discovered a little over a year ago, I only had the suspicion, because in this world we are only result-oriented that if we are going to do something, there must be immediate results.

And you go to someone, they can heal, in that healing there has to be an equal result, that's how we go there, and I had the suspicion that if you do this for a while, for example twice a month, and then at some point something happens, and that happened to me.

And that was a mega experience, where you think, this is now only a matter of time, so if you keep doing this for a while, in my case a little more than a year and in that I already have half of it in that second layer (..?).

A few more months and then the other half will be gone too, of my own accord. The mandela structure, the dissolution of the geometries that, it is all in the end, in which suppresses the immeasurable power of your own **consciousness**, by not accepting it in the moment that you are in an incident (...???) and the way back, is that there is a moment of acceptance, you do that by releasing it the moment it leaves your body, is the moment of acceptance.

**Martijn:** Nicely worded. And when we talk about key, I see a key, but if I were to call it that, beyond this world, it is in the extreme, we should also be able to name it, in the extreme a key is not a method or a route, then I am not talking to you, because I know that you also realize that, But I have to mention it, a key is not necessarily a route, **but a key is a sense of consciousness.**

It's very, if you look at it from a mathematical point of view, it's very illogical, that when you realize something, that's the key. In other words, so I'll go in that direction for a moment, so just following on from what you're saying, that if the realization is there, that it doesn't have to be for three months, and the realization is that it happens instantaneously, that's also a key.



**Note:** I had that moment, that was with J.Postma (name), she saw what I was doing, she said we can also clean up the rest in one go, and I didn't want to, but it was a possibility, but in terms of key, the most important thing is that physically, at that moment, in the exercise of being with ourselves for a while, I hardly saw anyone physically with their hand on their heart, why wouldn't you touch yourself, I see people doing this (depict something), that there is that kind of resonance in between, but why not touch yourself, in the place where the Mandela's power of ourselves is, then you automatically come with your attention, Here in this house, say in this field, from there things can start to vibrate, that's what I want to do as a key, the rest is not so important.

**Martijn:** So during those moments to be with yourself, you looked at 99 people to see if they had their hand near their heart. No, but it is from your involvement and love, because you carry it within you.

But it is serious, not to you but serious because 99 people can feel and need it in the moment itself, which is a unique moment, just a little differently.

It may be that it would have been extra for all of us, but it may also be that it was not.

So what is happening now, I am very grateful to you for that, you are a big heart, so I can just name it because you say this and there are consequences to it through thoughts.

Let's go in that direction. And that's not what you're doing, but that's what's happening in us, because you're basically saying as a human being, without saying that, it could be better, or something. And that may well be true, but the legitimate energy question that might lie underneath is what makes you say that, or me, so what makes me say it, not personally to you it's what we all do.

These are also energy confrontations, that loving saying, that are extremely true, because I also feel that when I put my hand to my heart, I can also feel that very strongly.

But on the other hand, it's also like, maybe you have a shade of blue, then it works slightly differently. You don't know. I don't want to have the last word, so you go ahead.

We've known each other for years, if you've known each other for years, even millions of years, then of course you can hit it off with each other. But it's about the workings of the mind, and the source, and I always wonder in this world, just above all, what is it, that's how I got here, so I have for years a kind of, my lips were sealed, I know why I do it but why do I have to say that? Actually, only to open up possibilities, you did that too, which is very nice.

It's two o'clock, so let's have lunch. We go on until five o'clock this afternoon, the weather is nice, I don't know how much energy and time you need, but in three quarters of an hour a breath of fresh air.

And then later, after lunch, we go to work, we look, we look through ourselves and then we all start purely at the moment where you feel, where it takes place. So you start looking at the points of interest, of your existence. Then we'll figure it out. Enjoy your meal.

**BREAK**

Know that you are very welcome.

(music)

When you become aware, that as soon as you become aware here ... that everything you see and hear and feel, or perceive, so also a feeling perception, that that is a pure energy, and you also become aware, that that energy is read by you, so actually that you perceive energy, so you are the observer, and that you, as an energy generator, also place it back in the dimension, In other words, that you catch the language, it is reality, the event, and that you can continue that reality again.

When you come to realize that, then you have the main vibration of, in quantum physics, in what consciousness, translated, who and what you are. When you receive love, and you are selfless, you pass on that love. You can feel it.

If there is a good vibration, a good, nice feeling, then you can also pass on that love to someone else in all kindness and friend, and if you get malignant energy sent at you or at least something that is not right, then that will happen.

And that is very important, to realize that you are a switch, between the moment of now, and the next moment that arises. And because people don't understand that very well, she gets sick in this world. Because vibrations that are not in the coherent frequency of life, that are perceived in a world like this, where you are constantly in a great challenge to be able to feel yourself.

If you don't realize that you don't have to perceive that frequency, and that it only stays with yourself, if you realize that, then that information, it goes there again, is either neutralized, that's what we call it for a moment, or is referred, just like love, to something else. So then you get rid of negative vibration again. So I'm basically saying, if there's something intense, then you can release those intense things that happen within yourself, or happen around you, that you experience in a certain way, you can also release, release, let go into the field. And that's a lot of fun to work with. It does require a great deal of responsibility, and above all you have to realize what is happening in the world around you, how the discharge of yourself takes place, that it becomes visible in the reality around you, and very often also as a violent condition. The first moment of that state that shows itself to you, that tries to stimulate something, so that afterwards something will happen like, ooh did I do that? How did I cause that? That is no longer necessary.

Our cat was gone for 6 weeks or 6.5 weeks, Dot. And he was already out of here once. Searched and looked and felt, just like that in the fields, driven for days and weeks, early in the morning, in the evening, the time they are awake, and the cat is just going to sleep.

And not with the thought of I'm looking for you, where are you? But realize it, I'm just bringing my **awareness** across the country, and, yes, another signal, a flagpole set up, a **consciousness flagpole** of, honey, we're here.



And after 6.5 weeks it was back. But that's really interesting, because, that morning, that my son R., we were awake early in the morning and he opened the door from the barn and into the kitchen. Dad, you'll never guess who's here. And I knew, but I didn't know, I knew, my mind; Dot (cat's name). And the moment he jumped up, it immediately made way for all the possibilities that could be there. So in a moment I actually put down everything and everyone that I could see and feel there in animals. So I removed that logical part. Because I knew, and this is beyond the mind, but that's how you explain it, I knew, in that Nano second, by thinking that it's Dot, and there's so much love in there, that it's there again, polarizations can take place, because it's also a form of a kind of wish, a need, that it's not him. Then I said, don't say it. Well, look, for yourself. Kind of like that. So I look, and yes, that's Dot. And at the moment that it was not yet fixed, so actually it is only determined at the moment that you go through it with your perception, I could really feel in myself, that it could be anything. But my logic said, Dot. Well, that was Stip. There it was. I also did during those trips through the country, for a few weeks the weather was nice, so it was also nice to walk through the country, and drive, by car, and by scooter, completely wonderful. That relaxes me so much on riding the scooter, I love that. I'm wearing one of those white pot helmets, with a nice one (..?), I pull it down, then no one will see that it's me. And it's so incredibly relaxing, wonderful.

But that also works in other ways, that there is intense energy being fired at me, which I just perceive, and things are happening around me. And so they're trying to fan the flames, so call it an attack, that you should worry about that, but I'm worried about something. But I do feel, I do notice, that these attempts to penetrate, to get busy with something, to engage in a kind of communication. They are carried out. But I'm not susceptible to them, because they come anyway. And then I just keep quiet, because I'm in my awareness of my own attention. And that's how I am, those were very tough things, which are happening right behind my back, around me, which of course have to do with the work I do. There are a number of people who are very much involved in it, and know it themselves, that is without any of my time and energy I think, because I am not important at all. Why should it be about me?

How can it ever happen that someone else becomes so important on your screen, that you have to focus on it... I still can't understand why that's happening here, but I just can't understand that that can also grab you from, this is what I have to deal with. So many beautiful things you can do. Then just go to sleep, that's great too.

But that happened, and then I went into town, got some groceries. And so I'm aware of all those, I call them snakes, that move in the field.

And at one point I passed a school, and I said to W., actually strange isn't it, that this kind of thing happens, that a whole through road, of a town, a school with so many students, and then you have to go twice a day anyway, those children have to be picked up from there, and all those cars drive by, The tractors drive by, and I see so many things in this world, that for me it is a pure reflection of no awareness at all, of how things can be done differently, it is really program, program. Well, so I see that, and then I pass by another school, and I see all these taxi vans at the school, taxi vans, all taxi vans. Well, that is a school where R. also went to school, so I recognized that, where R. went, which was just special education, and for me



the feeling was that the only school, in that part of Friesland, where real education was given, in the form that the child was also allowed to be there, And was allowed to do the tasks at his own moments, which suited him, and well, so have to drive those vans. But that tension and those snakes, they turn you around you, don't they?

You know that there are certain tensions that try to connect you with your thoughts, so to speak.

Well, and then we passed by that school, with all those vans, and then we drove to our house, and well. **In the end, and I am in the source, just present in myself.**

I realize very well that I have that part, that you realize yourself, that is the kingdom. And in it it is calm and quiet.

So then we came through, and we drove down the street, and then, we were in the middle of that street, suddenly there is a van in front of us. From where all those children have to get in.

Well, okay, most people are going to honk their horns, all sorts of things, and we're just standing still, so quiet. Yes, so I'm standing still too. And wait, quietly, and look. Nothing comes to mind of, hey, hurry up. But, the program that was running around me was trying to gain access through that scenario.

So that you flare up there, from... Tuut, tuut, tuut, get out of the way, you can stand there, can't you? That you at least feel and think it. But nothing in me at all, so I'm just calm.

Will do. I always have the time. If I just got here half an hour late, or an hour, well, that's just the way it is. Isn't that the case for everyone? I've assumed that we always have to comply with everything except your own time.

So that car, it ended up pulling over, and I just drive by. And I look at him like that, and I think, yes.

That woman is just very busy, was a driver, those kids in that car. And then we drove home. Well, and then later you get on your screen, that somewhere else in Friesland, there is suddenly an accident with that van, on top of a coach, and fourteen injured.

**If you start to realize what energy is, what language and frequency is, and how it finds its way, eventually it has to come out somewhere. Because scripts that run, information fields, that run, that are tried to get on your screen, for one reason only, to make sure that you stop that source, so you have to think along with the system, and not turn on your own cosmic power, then that script always looks for its way out. It's always looking for something. Exactly at the point where I might be susceptible, just to the suffering of other people. So I heard that, that that had happened.**

I can see in my own way that it has found its way out in that direction. So first that school where all the tractors, tractors drive by, then that other school where all those vans are parked, then that car of the one of those vans, which is in front of us, which blocks our road for a while, and then that car, which is put in a different script, and then has a violent accident there. Yes, all I can do is not feel guilty about it. This is what is happening about us. None of us are aware of that.

**We gain more insight into what happens with information, that it is all built up, and what is also dismissed, which we can also see as disasters, but also as very positive events.**

**We are often much more inclined to be able to fathom difficult events more quickly, because that affects us more in a certain frequency.**

But yes, eventually the trauma helicopters will come. Well, I said to W., I'm going to stand in front of the window for a moment. I said, gosh, I hope it's all going really well with all those people. That they can all go home at five o'clock. And that from the source. **So not from the top layer in line with the story, but from my own feelings.** Inside me is peaceful. So, what do I mean by this? I'm actually just telling you a simple thing, which is already quite tough, because it's about an accident. But actually, things like that are happening around you all the time. **That work out frequencies that are put to you, by whoever or whatever, whether it is a positive thing, or difficult something. They are all by journey, everything is (..?) by journey.**

**If we talk about the second layer, so the hard disk, the sub-consciousness, the one between the here and now of the beta consciousness, the thinking here and there, the heart, the free feelings of yourself (..?). Then we are actually also talking about routing vibrations.**

**Do you know how attached you may be to your sub-personality? That sub-consciousness in which there is so much, all the possibilities, scenarios. Pluses and minuses. So I call them the registers of our consciousness. The physical consciousness. The attachments there. To all kinds of thoughts and feelings and distractions. So my question to you is, maybe you can just visualize that for yourself. And how you write that down, whether you write that down is entirely up to you.**

My question is, can you be in shield 1, so in the beta, the daily consciousness that you **are in now, with dealing with people at home, the neighbors, your friends, your colleagues, that which the beta** consciousness is, what you have to move in, can you write down there what, not what you want it to be, but just write down what your own thoughts about your life are at the moment. So in that piece.

Very consciously in the part of the earth. So not on the inside of what you want to do or what you feel. But purely here. And take a very honest and sincere look at your own life. Which you do flatly, very physically. And then you don't have to experience something positive or something negative on what you experience. If you find it difficult, just a tip of what are you doing. Well you could say, I have to walk a cat four times a day. I do laundry twice a day. So let's get a very 3D view of what are you doing. What is real beta life? Work, drawing can also be beta. They are very clean and fundamental observations for yourself. It's the difference between what you want and what you feel. And then look at what is the real thing in life that I am living here in the beta level as a human being. **Because this is in fact a kind of avatar identity. What we, as extraterrestrials, have to wake up to. With our insides. When extraterrestrial visitors from another reality also become aware of us at all different levels of consciousness. And that is also access to the rest of the body, not the other way around.**

So you look at yourself very purely, but also don't think too much about it. In the end, it's also about realizing. That you can see what you're doing in your beta field, so in thinking, in 3D. What it really is, what your life really is. **Remember, life is not scripted by one intelligence. Life is not designed by one intelligence.**

**They are trillions of scenarios that follow one another. And it's not like every part that follows each other can all arrive of the same intelligence. They are crucial paths between that are shifting. In other futures, so to speak. Looking at the moment of now, which we experience very much as us, us, my life, my life. I'm so identified with it, because I'm there too.**

Yes and my question is, if you are there, if it is your life. That's the second one. So of course the question of Gosh, **what is this real life of mine? This is a high and a low. Doesn't exist, but it's top consciousness.** Looking at a gigantic experiment, which is taking place here in this reality, as this reality. So then all kinds of questions come from, is that really me? When am I? Can I be too? Because it's already me. Proven or not, inspired. So back to that very simple question of Gosh, what is that beta moment in my life? So I'm talking about beta, not in the source, but in what you invent and what you do, what it is.

I've been to people's homes, who are all working on these subjects, because it's just them. But when I was there at home, I saw something else. And that's totally fine, isn't it? I never have a thought about that. For me, every moment is a part of who we are, in that moment. But it was very interesting to see that that is a totally different picture than those people tell about themselves. And I think it's so valuable, when we can see that about ourselves.

Because it is so enriching to be able to see it. Because if you see it, which you just do, and you don't have to attach it to a label, then you don't do it right or you can't do it. It's just a matter of establishing it. That's so beautiful. And it may also be that you find out precisely because of that, yes, what that is.

**Q:** Well, what do you mean? That you only live in one or two?

**Martijn:** Well, it's really so incredibly friendly with yourself to see it. And why?

Because it's not about failure, it's **about another level of your vibration that you're experiencing. Because, of course, we are never one person. Throughout the day we have different states of mind. This can vary every ten seconds. That you go through a wave of questionability for a while, and if you are aware of that, that you can not feel well at all for even a minute, for example. That you don't feel well at all, but that it's almost not palpable because you're so busy exploring, until someone else says to you, how do you feel right now? Then all of a sudden you feel, wow, I don't feel good at all.**

**But then you are also a different person in the frequency, because of that moment. So we fluctuate, we are really energy beings in matter. And that's why it's so extraordinarily powerful to just see what life is right now. Because that's what you have to establish. So that's just a package on it, a thumbtack in the wall so hop... Okay, you can't really name it, because it's so diverse, but in general and if I just look purely at the beta consciousness, then all I get is this, hop, then I have it. And then there is the question, around that, and it is really about you, but sincerely about yourself.**

**What kind of intelligence, what kind of person are you? What kind of person am I?**



**So in my source power here on earth, I am a human being who is very much concerned with, well, fill in the blanks.**

What are your feelings, what is your intelligence? Are you busy with life, are you busy assisting people, assisting yourself, building houses, making new inventions, having fun, meeting people, enjoying. So, of course, that's the source within yourself. Get on board, if you like. You're actually writing down the part that no one can touch. What's inside of you... Keep quietly observing yourselves in this, because everything that is happening here now in this dimension is very much about you. There is assistance by yourself and also assistance because we pay attention to ourselves from the power source of yourself and the power source of what is in the free field, by just calmly seeing, gosh, a wonder that may also be. That you see from, gee, in my beta reality I do that. I act such and such, my life is like this and that, I see myself walking too, I see myself doing those things too. And the special thing in my Heart Power inside, in my source, but in the deepest, that word longing to live in the way that I feel, I can cry about this, so happy I am, is something, but different, is that you can see those two things, they are about you here. And I just have a good picture of myself.

**Note:** I wanted to play a song. (....?).  
(MUSIC is played on the piano with vocals)

**Calibration, that's something you just grant each other. That's something you want to see in everyone. That's a gift, isn't it? That everyone tunes in, from the inside, to the outside.**

**That the radiance in every person is visible, that the colors increase. That the intensities are present, suddenly full. That the richness of being able to look at each other. That you suddenly go to a level of gee, this is really looking at each other. You see me, don't you? Yes, I see you too. And that you feel that it really is true and not a few words. So calibration, that's the basis in this day, we call it from a beta person. Source Orphans.**

**And through that, we go through layer two with the source power within ourselves. So the sub-personality and the sub-consciousness. So the parameters that are stored there, what is possible and what is not. And because it's an unconscious being, a subconscious process, you can't actually work on those subjects, because you don't know what's out there. Your superconscious doesn't know that. But you do know a particle with your superconscious that you fear. I don't want to say that's the real reason what's in the subconscious. But it is different in the form, but in the frequency it is the same. So that's what we're doing today. And in the next meeting we will do calibration on a cosmic level. But you have to be turned on here, with your feet on the ground here. And if you can take that effort for yourself, here as a traveler from another world, to take into the human aspect that you are experiencing here now, the fine-tuning there, through a kind of, well something that you can control, that you actually know about yourself, that you start there in the movement, you can also continue it to the cosmic whole.**

**Self-doubt, so self-doubt, that doesn't really do justice to who you really are. It limits you, it slows you down, it makes you small. Don't let them do your things. In your subconscious it is possible, and so it actually is, in your subconscious that same frequency is present, only in different events.**

**It's not important to track down all those other events in your subconscious, because then you have to go to therapists.** And then you have to go to the **subconscious with** all those sessions, to see what really happened. That is not necessary, in the frequency **legislation** it is actually very simplified, namely that the frequency, in this case of that you have **your self-confidence, that you do not have that, that you are insecure, then you fly into that uncertainty, as it were, but** the **frequency** of which it consists is picked up in the **subconscious**. And you just have to go through it calmly.

Have you seen about yourself, those two points? Source, heart, and beta what your life is? If you can look at that very honestly, and again, it's right or wrong about this, then you can look at it with wonder.

Very honestly transparent, that you see of, Gosh, this is actually who I am, in the third dimension, in a performance, and I do quite a lot of things from my heart in that beta, if you look at it very closely, you see, Gosh, that's actually a completely different person, it's actually a completely different suit what I'm wearing, **as who I am on the inside in the source. And that's exactly what calibration is. It calibrates, it attunes to each other, so that a correspondence in the frequency comes to life, so that the source, precisely by being able to see, also flows into that person.** And so if you deny that, you don't want to see it, or you can't see it, you've never paid attention to it, and you haven't really paid attention to your true source from within, so really a light aspect of yourself, **a life-giving vibrational field**, if you don't see those two things, then they don't come alive in yourself. **Everything you see comes alive within you.** And when those two fields come to life in yourself, and you admire them, this is special, isn't it, I actually remember who I am. Yes, if I am that person, I know very well that I am that person, if I am that person, I also know very well that I am that person, **but can I be those two people together at the same time?**

**Or maybe that's not what it's all about? Is it perhaps the case that that inner part, that inner identity, that this enters the personality completely? A big change is not about the world change. A big change is actually about this aspect. Just be a real being, a real human being.** I also lost everything from my life. Which I never actually had, because it was never mine, and certainly what I never asked for. And my beta **consciousness**, I'm trying to change that. There's nothing to keep. It's just the way it is. So there's really nothing to keep up. And if you talk to people who know that they are going to leave this reality in the short term, or the reality is leaving them. **You may have experienced that before, that you have been with someone who could feel and experience it very differently. And that it feels very clean, that only the source matters. The pure part of feeling the human being here, where there is no need for more systems to be involved, because those systems are only based on the future of this world, where you have to have things. And if you know, I don't know for very long, then those fields all fall away. And then you get into the other part that remains, then you are in the right place.** That's what I learned a few weeks ago when Herma passed away. Some people don't know Herma, but Herma was in the hospital and was physically in the situation that she chose to go. That was a very cordial meeting. A very real meeting, from source to source, from heart to heart, kisses given, she was in the hospital bed. It was so fantastically good, simple. You don't have to talk about anything. And that's what it's about, can you allow yourself to be. And that's allowed here, that's also possible

here. The last email she sent was also very short, but I saw a very sweet email. Goodbye, darling. I got it later, but I did feel the love of it. Who to thank me for all the meetings with each other. So valuable, so real. I feel that, period. Not just in death. Life is always precious. Life is constantly precious. And you are precious. You are very precious. And because you are so precious, you are in this world.

**Question:** I have a question from (.....?), but then that voice of doubt creeps in, and (...?) doubts arise. And then you end up in a kind of tear and suddenly it doesn't seem right anymore. I think sometimes it's a very uncomfortable zone to be in. But as you yourself indicate, the decision that you are going to make is very impactful, that suddenly makes a whole series of future situations look very different. (...?) And that is a process that we are regularly confronted with in our lives. How do you deal with doubt?

**Martijn:** Doubt is, of course, a word that can have a substantive meaning in very different ways. But doubt is translated that you don't really know something decisively. So that you can't make a good choice from both your mind and your feelings.

So basically those two things are not together. So then the doubt of what you think versus the doubt of what you feel. Of course, that can be very intertwined. My own arrow stick that I myself have encountered in this reality here, even since I was so small. My doubts about whether I should love my parents, for example. Because I knew it was going to be such an attachment between those people and me. But they're not my parents. But I'm going to feel that way.

So as a child I cried that I thought it was unfair that there would come a moment, as this reality was moving at the time, when they would just leave the world here. So I'm not sure if I should love them.

But the way I look at it is actually very simple. I always look up my source. The ones I'm attracted to with my intelligence and emotion. Which gives me energy. I get energy, and that's something you can do very easily for yourself.

It may be that it has to fall into place in the beginning. But every person can feel when you get energy from it. So that you get some form of inspiration. That you see an inner route of where you are traveling.

And as soon as that inner route of where you're traveling to isn't there, with me at least, I always put it on pause. And by that I mean I don't stop, but then I don't continue either. Then I'll just let it go.

And if that path can be felt again, so that I can really feel the underlying power of myself in it, then it is again, then it is in the picture. My visionary status is back on. Then I can honestly feel with myself, that's what it's about.

But if that disappears completely, I won't go any further.

Because I know in this world that if I move on, and it doesn't have to be the wrong way at all, but I do know that I'm going to lose a lot of energy. And then I just let it be.

I know that if I look at something from a distance, if I can't feel something myself because of insecurity, or other things that run through it, then I know that if I let it go and let it go into the stand, let it come at a distance, then I know that then, if it's right, I will spontaneously feel it again. Then I'll just do something else myself.



Consciously detach myself from the subject. And the second is what I also do, and that's how I want to do it with each other, and the second layer through it I'm going to work on, and I can always find out, you too, I'm going to go with my **awareness** to the reasons for that insecurity in the sense of what it does to me. That uncertainty can lead to, and then all the scenarios come up, of why you shouldn't do something, for example. **And those scenarios are vibrations, and then I go out of my heart, I go inside myself, and then I go to those scenarios, and I put them all, so that is from the source consciousness of yourself, in the mind I put it from red to green.** After all, the brain is an intelligence, based on instruction. The brain can't think of anything on its own, the brain can only receive something here. So everything that's in the brain needs something new, and I give that to the brain. So I give revision to the brain. So then I go there, from the inside, I go to the brain, so to in this case 'doubt', so that which is consciously underneath, that is where I go, and that doubt is a red, which the brain understands very well, is a red signal, that is not a passage, that is the stop. Stop the current. And I put that very consciously, from within, feeling, I very decisively put it on green. A moment to see water with that doubt happens. So it is a source, within yourself, and it is from that attention for yourself, what you feel about it, in the brain, putting light on green.

**Question:** What is this force that wants to put that on green?

**Martijn:** Your decisiveness, the self, with your **consciousness**, translating that. If people get an organ transplant, that's a completely different example, but if someone gets an organ transplant and the body part is rejected, for example, or it doesn't quite work, then you have a medical-physical scientific basis, you have all kinds of reasons why you don't want to, and yet everything is functional from the physical computer system, the brain, Something is not being arranged there. And if you then go to your own ability, so to your own truth and the source, that you land yourself in who you really are, and open that up, hence the question, then you can go from that state of consciousness, **from the presence of consciousness**, you can go to, in this case that is zone 2, That is repelled, so the fears of that, that you would lose that organ, for example, you can take the instruction of the brain that is there, so those are the registers that are contaminated, you can experience them as red, and you can convert them to green.

**Q:** Well, I was also thinking specifically on that the...

**Martijn:** Because you wear the color. ...

**Question:** To then put it on green, (..?). For example, born out of fear.

**Martijn:** Then you're going to take it off from the top. And so the position, the place of where you're sitting, and that's why it's a bit of an investigation, in-depth investigation today, to look at, hey, why, not that you have to understand me, but why would Martijn expose those two things like that? From one piece, the inner strength within, what you can feel inside and who you are, and the other piece, what you are seemingly being in this dimension. So those two things. Then you can, that's also the route that you pull away, that you can see from, okay, which one do I take? And then step off the route of your own longing, real consciousness, **in which you go beyond the ability or not to think, step into your** consciousness and say, it is possible, this is just that me adjusted. I can already see it, I already know it, I can just feel it. Surely we can all feel a world where there are no asphalt roads at all? In this moment, boom, the whole earth, no more

asphalt roads. Billions of miles of asphalt road. And in all those places, nature is growing again. Sumptuous, no roads, oh dear, how are you supposed to go home now? Beta, boom, chat, gone. Get it? This is how our consciousness is used. And that's why I'm laying those roads for a moment, simple, that's the source. That's the situation now, then you go to the source. So that means on a spiritual level, on an emotional level, also on a physical level. What is the situation? The situation is in the thinking that I'm thinking I'm sick.

I don't contradict that, because in that part of the dimension it is also true. But that dimension, that is the material results **of frequencies**, of how I have come to think and also how it has revealed itself in that form, I see, well that is layer 1, I go inside, and in that other layer, in myself, there I know that it is not right. I know that's not true. **And yet when I look over the fence to level 1, I see that it is there, and yet in, over the fence inwards, and I feel myself, then I feel, I have such a desire to live, I feel like being here for another 50,000 years and building with it, in this fantastic reality. I'll go home sometime, but that doesn't have to be my drive at all, to house, to house, yes you're here now. So now I'm helping to build in this reality, I'm letting my kingdom shine here as well.**

And then you feel inside that you are not sick. So those two things need to be visible. You don't have to understand that with your mind, because that's what I said today, you can come very quickly into understanding that it is, but that's something fundamentally different from realizing it in the moment. I am very aware that everyone, including you, can realize this very well at their own time.

### **Commission**

So you wrote it down. And what you've written down there, that's no mean feat. These are the facts, the cosmic and earthly facts together.

**So your living consciousness, your mercy, your infinite harmonic vibration, in order for paradise to be here in this world, to return, can only come here because you are the witness of that emotion, that that possibility is simply there. Point.**

You are the bearer of that, you carry it within you. It's you. So that realization in your head and in your heart, in your feelings, in your intelligence, whatever you want to call it. Are you looking at level one for yourself again? Just look, just. I find it very unifying that we all have a level one. I also find it very emotional. Because if you can see each other moving on an earthly level, and you already realize that, geez.

**How many more reasons do you want to hear about loving each other? And to have appreciation for each other. What you're going through. So these are the direct connections between the way extraterrestrial presence shows itself in this dimension.**

**These important messages that we have known for a long time, and even more so it is ourselves, the plotters of those messages in other worlds, now we ourselves are in that kind of entanglement and so-called lessons, which have never been there at all, just to remember who we really really are and how we live from it. Even in a system that seems to forbid us to do so.**

Look at what's going on between you, and that's the level two. Take a look. And then you don't have to write it all down at once, you can also just cycle through yourself. Like, what's going on now, I call it consequences, consciously, but it could also be something else.

What is there between the source of myself, in which I can feel or know so clearly, and in my life? What's in between, what is that? Is that an insecurity, is that a fear, is that an anger, is that a fear of loss?

Am I addicted to those two systems perhaps? Am I perhaps addicted to, on the one hand being able to choose that I can step into the source within myself, and on the other hand I can also step back into that third dimension level 1, is that perhaps a form of habituation?

What's in between? Take a good look at yourself. In other words, if you're going to run the source, what are the consequences? And are those consequences possible instruments for not doing it? You'd better look at it, because it's inevitable anyway. If something becomes visible in yourself in terms of possible consequences, then you have to know that that is both true, but that that is a very big smokescreen, for the things that keep you in uncertainty through and because of those consequences. But it's the entrance, just visit it.

Music

**If you are very honest with yourself, then you know that the battle from your heart strength is inevitable.**

Music

### **Sanction**

**So the choice is yours. Suppleness and power. Just go into your own well. Very deliberately, so quiet in this moment. And then you go well inside yourself. And by that I mean nothing more than what you experience in your own way. Everything that is outside of yourself is dropped. The attention only on yourself. Here I am. Oh yes, you can stop thinking. This way with the attention to your own body. From the soles of your feet all the way through your body to the top. And everything that you are more than your body, beyond the boundaries of the body, you have that awareness that you are there.**

And the answer doesn't have to come from the outside what the source world looks like within yourself. Long echoes of home that tell you from the inside out what a free world, free worlds and free life looks like. Clean, at one with nature. Opportunities for everyone, unlimited. And before this reality began to turn within you, and you were there, and the arrow points to your heart, which points through the heart to the world of origin. The things you do there, who you are there, the joy, that you and only you know, within yourself, what your source is. And that source took you into this reality. For this source is here now. You. And maybe you look back in your heart to the source world where you came from, also the place where you live, in image or in feeling, everything that is still there. All the places that are so dear to you, all the friendships with others, the full power of being healthy and being whole. Active and relaxed. You carry it here in you now, in this world. Who you are, you also show, in many moments, how you also turn out this righteous **awareness** of yourself in this reality. That you see things through. That you feel through situations. The feelings also to open yourself up and give yourself to life. That source in there, and there you are, because that's you. Exactly your way. And from this source you see what



you have just written, the consequences. **What a world in itself, those consequences, have nothing to do with who you are.** And sink back into the source of yourself. **And realize what you are allowed to do from this source power of yourself in this world. And can. A life, life like home. And live, live like at home, where you know and feel, what you feel like, what you are good at, what makes you happy. You realize that source power comes from within, from the world you come from, into this world.**

There are no laws about what can or cannot be done or is necessary, because it is already you. And then you come back to that deepening of those consequences. And realize yourself present here, in this moment. Just relax, quiet. You perceive those consequences, you know it, you see it, it's there. Be aware of the consequences. And the consequences are red. The code of the brain writes that red is an overpower. And so you visualize the consequences, again, and you take those consequences away from the color red, and you very consciously put them in the color green. And the color green for the brain is ongoing. And so you have the power of intention in continuing or slowing down, you have changed. Why? Because you are a source human. You can do this. This is who you are.

**So connected to your source, connected to your emotional consciousness, there is the source. Have you looked, quietly, at the sub-consciousness. The consequences that are placed in green. And here I give the assignment to myself and to the body. That this information, which is vibration and is depicted in the color green, travels through the body and beyond the body. And in every cell is information, is energy that ends up. Source flows through the body via the passage color.**

And you travel up through the second layer, to the beta **consciousness**. You are aware of your body, connected in your source. You know what your absolute truth is for yourself. You come into the situation of how you have described yourself in the third dimension.

**And then you get out of the elevator. You step, the doors open. You step into yourself, into the third dimension. And then without any delay, you open your eyes now. Here you got off.** And then you realize that the degree of intensity in which you feel your source. When you are emotional, you feel very involved in something that is happening in the world. So also with yourself in the world. You feel like gosh, it's not necessary at all. It can be so beautiful. It can be so beautiful.

**And you know with your source power, with yourself, your pure self, you know this is what is needed. This is what is needed. Not that, not if comment of this is not necessary. This is what is needed. And you actually bare yourself. This is what is needed. And that you can also say, what is needed, is that I am there. I. I.**

**The light of the real paradise, which can see what is simply possible. Because that's what I am. I took that with me. So the base, the cradle of everything, is all the way in. If you know what the situation is in the actual dimension. If you know a part of what the memories are of that sub-consciousness, so also your sub-personality. Inwards. Be there. Do not take off. Just be here. Be honest. Where you dare to think about yourself on a daily basis.**

**About how you dare to communicate.** That you pick up a newspaper and throw it on the couch in the corner. That you say, goddammit. That is not necessary. After all, there is room for all of us. We can all just live in this world.

Let everyone be free anyway. And that you feel, that's just isn't it. Then that source becomes open. It's as simple as that. That's where you'll end up. For example, in a different way than my example. I'll mention him as such.

And that you feel yes. From that place I go to the second layer within myself. And that's what I want to do with you next time. Without having to do this whole trek all over again. Bet in one go. On earthly for the break. First coffee break on an earthly level. And then straight on.

After the first coffee break. **And I stick to it. And so do you. To calibrate right away on a cosmic level. Because that's what warriors are. We are warriors. And that's not to say we're warriors to defeat anything. But we are warriors. We are warriors. Because of what we really stand for. To bring it to the forefront. And the heart is a huge instrument. And it's not like it just has to be done in a very powerful way or just in a smooth way. But the bottom stone comes above. In you. What you stand for. And what you end up here for... Yes, now you are confronted with it. So now you can't really go anywhere by listening to yourself. And again, if that deviates from what someone else has set in some kind of standard. Follow your own path.**

**It's also the world that represents where you come from. And it may well deviate from another original world. Every world, every reality, has its own concerns and its own frequencies. His own projects.**

**And also, in quotation marks, their own interests. And it's not just the interests of those beings or those people. But these are cosmic events that are being worked on. So that can be quite different from each other. That's not a bad thing at all. Don't lose sight of your source. Get it back. At home too.**

And take a look at shield 2. Do your homework, not for me, but for yourself.

To see what do I actually get stuck on and hooked on. **Be honest with yourself. Then you can bring it together. Because calibration has serious consequences. Calibration means a restart of reality. Now is the time, because there are all kinds of lines free.**

**Now is the time, there are all kinds of lines open to get into an inner acceleration. And to come into a complete review. If I have to stop everything I'm doing right now, because I don't have to anymore, then I'll stop immediately. Then you'll never see me again.**

**Because then you don't have to. I don't have to show myself anymore if I don't have to. If you don't have to, you don't have to. So we're building together, working out together. But there is a greater cosmic mission hidden within us.**

And we just have to use it in the first instance as a starting point, a starting point for a moment, that we can see that it is in daily existence. Let the honesty that comes up underneath. And then we can see how it works. And then next time again for a moment for coffee. The first coffee, looking at that again, earth level.

**And then we're going to focus on a larger level. And I really mean a greater level beyond these boundaries. For it is time for the highest word that is stored in your heart to be set free. And that can just be said here. Here it can be spoken, here it is allowed to whisper, here it is also allowed to shout. Anything can happen here without attack. Anything can happen**

**here. And that we should go into that calibration. Then let the gentleness of every being that is here be fully calibrated by you. So your own. Is anyone else want to say or say something.**

**Question:** Yes, I do have a question.

**Martijn:** I'll give you a microphone first. Just a moment, just a moment. I'll give you a microphone, so we can all hear you very well.

**Question:** Yes, it's quite exciting to say something so vulnerable in the microphone, and to hear myself very loudly. Um, oops oops oops. Wait, I wrote it down.

**Martijn:** In fact, that what you feel now can be now, not from memory. Because you feel what can be said now. What you find important and valuable.

**Question:** **When I was thinking and feeling just now about what could hinder me and source power in our lives.**

Then I actually come up with a whole list that I can all trace back to boycotts and distractions. And I actually want to know how to deal with that. With all kinds of boycotts and distractions. And some things are in my own hands. Like the umpteenth thing for you (..?) to go and watch (..?). But some things are also out of my control, distractions or what's going on. Like you said with the car that was on the news. Yes, that's how people suddenly die in their neighborhood. Business partners fall ill. And everything we've built up falls into the water. And I notice that, and it's been that way for a lifetime. I'm really very much from my source power. That felt like manifesting and wanting to put into the world. The harder I felt it, the more I felt it flowing. Completely open and happy and really in my power. The harder the blows I get exactly. And what really makes me go down. I feel I don't know how to deal with that. And this seems like, okay, you've felt the source. And then, yes, the secrets of, cause and effect. I don't experience cause and effect. I experience cause, I feel the source. Consequences I get on the... And my manifestation doesn't continue.

**Martijn:** **Yes, I** understand what you're saying, I think. And it's beautiful what you say. You are expressing yourself about the effects you are having on the experience. I just have to pull those things apart completely. There is a language that has fallen into oblivion. But that's a real language of thought.

**So we call that emotions here. And that language that has fallen into oblivion here, which is therefore a real language of thought, is really thought. That's just a language we call emotions. Where, if we think in that, we don't feel the emotions of pain like we do here. But that's a very vivid way of thinking.**

**It is being shown in this world non-stop, through all kinds of events, level 2, as being a ...**

So that original language, as being an emotional event. And your question that I hear, and I always try to respond to it a bit as sideways, so as not to open it up too much. Deliberately not, because otherwise it will be a piece of cake.

But your question, and I don't know if I responded well now. I'm just responding from what I can say right now. You don't just ask how to deal with it. So if you pull it apart again to the part I just said.



Then you ask me, in the same way I think, in that other language. To deal with your own thinking. Because you're asking, basically, how can I deal with those blows that I get. Or how can I deal with those emotions. Or that thing falling into the water. How can I deal with things that are out of my control. That just happen to me. But those emotions that are being used against us here in this reality. Because we feel like it's driving us. And that those emotions have negative consequences because of the consequences. Which should worry you. The emotion itself, the pure emotion that you experience. Is nothing but that language that has fallen into oblivion in you. Do you really think.

Here it comes. We're going to beat him. That you can work with the language that has fallen into oblivion. Which is yours. That you have to learn to deal with that. I think they need to learn to deal with you. **If you accept yourself that those emotions are out there. That those are frequencies. Of intelligence on the inside. So you could say that there are eruptions within yourself. Through events that you experience here. Which in the moment of the beta field. So this factual reality.** Problematic.

Because that's where it causes the necessary problems. Whereas if you go to the language and you are thus exposed. What just happens uncontrollably within yourself.

That is the echo pit of language that has fallen into oblivion. And the thought you have as a human being. We all know this. How should you deal with that? Yes... How do you deal with the truth? Because that's what it is.

So the thought that is attached to the emotions. Which apparently means emotions are based on it. So the problem, so to speak. If that thought is put aside. And you go purely to the emotion that it is.

So not the drama with the emotion you feel. If you put your attention into it. And that brings attention to yourself. That you are with your **consciousness** with the emotion. Then a part of you will jump in.

Actually, that's calibration. This is what I can say about it at the moment. And next time we will just take on the cosmic level.

**Question:** Will you no longer have boycotts?

**Martijn:** What do you say?

**Question:** Will you no longer have boycotts?

**Martijn:** If you understand your feelings. So not here. When you become familiar with those emotions again. And those emotions don't control you anymore. But those emotions can be felt again. This is a capacity of self-awareness in this state. Then you will find that it is a formidable extension of your ability to think about things. **Or on your ability to generate awareness about things.** So what is happening here. And that's the core that we all have to deal with. Is that business is taking place.

As a result, we don't do something. Or not wanting to do something or not being able to do something. While that is precisely the language of origin. And so it appears. So there are such deep volcanoes in you. But I think you know it too. That there are volcanoes in you of life.

You can postpone that for another 10 years. It's just not going to work. In the time where we are now, the volcanoes are going to explode. So just look at yourself. It

doesn't keep you upright. It calls so deep within us that we have to go to the core. But there are volcanoes in you.

As a result, this is constantly happening in your life. And that's exactly what I'm talking about. There is an agenda against the forgotten beings who have an intelligence based on emotional involvement. And to make sure you don't wake up. That you are going to ask the question, how can I deal with this better. Well, you can't deal with this. Except that you allow it to be felt. And you don't stop anything. And so that's the whole path that we as humans are going through.

I have also experienced all kinds of things non-stop in my entire existence here as Martijn. From nothing but setback to setback to setback. Constant adversity. Non-stop. And they're still trying to do that.

And only setbacks. That you really think, do I still have a physical body? That you think, how is this possible?

Everything you grab just seems to fall out of your hands like sand. All the ideas you have, all kinds of things are done with them. The energies that you exert to achieve something, they flow away in no time. Or they are stolen, just to name a few. There's a lot going on non-stop.

But that's why, and that's also our strength. If you dare to be in coherence with each other. That you say guys, now let's go for it. In trust, we do not abandon each other.

I've been talking about it for years. And it's really difficult, because there are still people who have been grabbed by all kinds of their own snakes. And then open the attack anyway. But you have to make sure that you monitor that coherent clout together.

It matters that you talk about this. And it matters that you're there. And all the uncertainties and everything that is being destroyed in and around us. They shouldn't get the perception of this. But it has to be about that.

Because what source force opens up the moment we go down deeply. And what happens is that if our **consciousness** and our heart's involvement dares to navigate it.

In those parts what we now experience as pain. If we can be in that. And we can also take care of each other in a very organic way. Come here. Would you like to have a drink? Shall I make you a sandwich? Do you need anything?

Shall I put a nice plant next to you? Enjoying the sun? You know, all those things that are very basic and normal. At the moment that consciousness starts to turn. And you can see that. That you have to go there. Then it expands.

Then it expands so much that death cannot follow it. Thank you for your open and honest opening. Jet also sits nicely in the middle, huh? So let the kingdom be present in ourselves in every possible way.

And we are not here to therapeutize in a personal capacity. We are here to go through these possible avenues.

I've already been packed once by Martijn van Staveren. I wear it all day. Gosh, sometimes it's ten kilos heavier and then it's ten kilos lighter. Then I think, well, fine. I understand that so well. Because I'm living life. My name is Martijn van Staveren. I live that life. But I'm not. But I am here. So those two things are intertwined. So how nice is it that I don't have to guess.

I can calibrate first in this piece. Because I just recognize myself in that. I see my negatives.



I see my pluses. I see my hard things. I see my easy stuff. And I can see what I'm being worked against. I can see how I deal with that. Whether I react to that in a certain way. So I can travel through that personal calibration to the greater level of myself. And now it's a coincidence, that's quite a coincidence. That those larger calibrations function in the same way as those calibrations in a person. And why?

**Because your person is an infusion of your great consciousness.** So we'll work on that next time. And so take a good look at home again. **Look at the source within yourself. Be honest. Just in yourself, you have nothing to do with anyone else. It's one big road show around you. That's about you now. That the light, flame of yourself and your own voluntary consciousness is really called by yourself. If you've known all your life that you're coming here to do something. And the space doesn't seem to be there to do it. Then you really have to assume that that space just isn't there. Because you don't give yourself that space. That is the instruction of the cosmos. And that's what we've given other beings to worlds, to colleagues, to family members. We ended up in other worlds. Ending up in other dimensions. In other star worlds. Planets we came. Also worlds that are not planets there. Yet worlds are. We'd get there and we'd all bring that knowledge that's within us. We brought them there. From create space by just zeroing out a lot of things that seem so important right now. That's what we're doing here.** Anyone else? Yes, I saw... Yes, you had it. She wanted to say something.

Do you have the microphone? Does it still work? No, it doesn't do it anymore. The battery is empty. Ah, now you have to talk very loudly. You name it.

XXXXXXXXXXXXXXXXXX

**Question:** I had a question. We had in Kerkenveld, (..?). Then you mentioned, among other things, that my beta consciousness, so to speak, does not function properly. That it's more in theta. And then you mentioned earlier that it is important, if you take from the source, together with the first field, so to speak, that it is important to merge it, to be able to turn it off. But if the beta consciousness doesn't function very well for me, what about that?

**Martijn:** **If the beta consciousness functions differently than it is your primary good tool, that can manifest itself, for example, in that you have difficulty remembering things, for example. I just can't remember it. It's told, and I can do it quickly, at that point a few grows later it's gone. Sin.**

**But it can also mean that because of that, because the beta is not functioning properly, that you quite quickly lose your consciousness, so we call it brain wave here, but they are vibrational values of your intelligence, that you travel very quickly to the alpha or theta consciousness.** And then you can get very tired and fall asleep. And that's why I said to you, gosh, you sit a lot, I've been able to meet you here and there for a few years, you're observing a lot with your consciousness in the alpha, theta consciousness. **This means that you are more in a, not thinking field, but more in a feeling perception.** And then you want to be able to understand it from that emotional perception, then you want to be able to understand it again in your **superconscious.** It's like you've had a wonderful dream, and you wake up and you know exactly what you've dreamed, and then you get out of bed and you don't remember. **Because the beta**



consciousness is not informed. So there is a species, I don't think that is a malfunction, there is a kind, not taking place, that vibration, of which you are in, is also unpacking in the beta consciousness. It is also true that beta consciousness is an artificial intelligence. So you're just a few steps ahead. For the beta consciousness is only following instructions. And the alpha and theta consciousness is the creative ability, and is self-inspiring, self-feeling, and self-thinking and setting it down, so you also have the shield, the drawing, et cetera. So you mainly say, in this vibration you are here. The additional consequence is, and I think everyone recognizes this at certain moments, that you just find yourself thinking you're missing the boat or something. That you can't hold on to something, or that you understand something very well, and then suddenly afterwards you can't get it back, and then you think, what is this, what did I have, what was I thinking, what was I just feeling. But in fact this is also the powers, so this piece, which is now besieged by trauma, is supplied again from the source in the theta and alpha consciousness, so from the delta piece, and takes the outer shell, which is the intelligence, which has become the archon consciousness, eventually it was a different intelligence, but later archon got into it. So that's an artificial intelligence, in fact this outer piece is also just the theta consciousness. All those beings, all those people and all those civilizations, who are very highly qualified in the field of quantum physics and heart power, they all live in, if we compare it to our understanding, all in theta consciousness. And they are awake. Their whole thinking field vibrates on the inner force, so I would think, well, those are emotional intelligences. So, (...?) next time I'll talk about it, I heard you. But what you actually need, in the first place, is that there is nothing wrong with you. You could say that anyone who has that very strongly, that there is something to it. Yes, because it's basically what's going on. Because we just have to understand everything and understand everything. And I realize very well that on a certain level I also participate in that, because I tell so much. But I only tell it to be able to see it, in your own way, and then you can say, okay, now I also feel in myself the reason why I don't have to do it that way at all anymore. My free life starts there. In this piece, then, the work lies, i.e. in the theta creation fields. And you try in this world here, or at least what I got from you, not then but in recent years, in this world, you feel it here, and you want to put it there. And then you get that. So we're just going in two weeks, I guess, huh? Yes. Let's continue calibrating. At least, at the moment with each other. But of course you do it in your own way, at your own time. Is there anyone else who wants to say something? Yes of course. Yes, yes, yes. The microphone can go to you for a moment. I don't know where you got it. No, sorry. No, no.

**Remark: I** just wanted to say about M., I was very happy, because I can hear voices quite well (..?), and I heard an enormous inner strength that had been developed. A huge development in the timbre in the voice. And for a moment there was a reaction to my reaction that I was so happy about that. It was just really... For me, it was one (..?) of what we actually do here, wasn't it? That we work here and things and... I heard that in his voice, what we are working on and that it is also coming true. Nice, isn't it? Yes, I thought it was very nice to hear, yes. Just very nice vibrations and the timbre was good. Yes. Yes. Yes, I say.

**Martijn:** Do you need your microphone or can you still go loud?

**Question:** (is not easy to understand so not written out...?)

**Question 2:** (again not easy to understand so not written out ..?)

**Martijn:** You don't quite pronounce that last sentence, so now I have to think what exactly you mean by that. What do you mean?

**Question 2:** Trust in the field of life, and that untold intelligence that all carry within us and remain representative of it, and that cooperates with us, and that helps, and whatever we are.

**Martijn:** Of course it is. In the absoluteness of the situation, if we live from the power of ourselves, really completely, the reaction to ourselves is always there. **So reality unfolds according to how we feel.** But right now, there are such persistent programs that keep humanity in a kind of loop or a loop, that it is therefore very valuable, and that can be, but is really common, to put something on hold.

And that on non-active, which is in yourself, so we call it red to green, which is the literal language of the brain, because there are also certain quantum neurologists who also do that in our work, which is very interesting, even with artificial intelligence they have developed a system that can eliminate trauma by means of green and red. **Then you have to connect to a device, you don't have to, you don't need a device, because that's us. So that you can just turn information fields off, invalidate them, just turn them off, boom, chat, off. Just by reviewing its value. If you do that from your source, you're just going to clean up. Then certain elements just go out, things that you could always run off the rails by, they just come to the end, there is much more freedom to expose yourself further, and then at a certain point you no longer need that strategy. So it's an instruction from your source, but it's very interesting.**

And that can have its effects in all kinds of different ways, that is of course up to you. Can also explain a way that doesn't work? There are those too. **And not because that way doesn't work, but because it doesn't work right now here in consciousness.**

So I'm talking about things that do work. H.? Yes, I'll give you the microphone.

**Remark:** Yes, my experience despite how I feel, something to deal with, which I actually found quite frightening, sailing down the Euromast, I really sat down at home in the morning for that. I was very restless and I empowered myself out loud. And also a traffic light, but well, now you call it that, a traffic light converted from red to green. And when I said that out loud about myself, to myself, and also wanted to give it at the service of the greater whole, to everyone who is working on this, the world literally changed. Because at that moment all my restlessness fell away, I became completely out centered in myself. And all the fear was no longer present, it literally ran out of me. And I descended with a big smile, went over the edge and almost skipped down. So it works and I thought it was a fantastic experience. It is indeed a very nice metaphor to say, you convert the red light into green.

**Martijn:** So what really happens when you are sailing away from that Euro market, the moment you start working with your own consciousness, so it is not the autopilot, but the moment you start to realize yourself, a different timeline

becomes active. That's basically what's happening. So you're not sitting on the same tower anymore, that's not what we can observe, but there are other timelines that are suddenly becoming active. As a result, you end up in a script, in a situation, which is therefore completely an answer to what you do. And that's what's going on here, that we're constantly vibrating in a different database of this reality.

And then there is something else, and that is that inner light that is not biological, but comes from another world. That is our own real consciousness. **When that reveals itself, so that's the revelation, when that opens up, then there's no more script reaction. But then the force comes to life. And you can't see that either.** But you'll know that. You will know at that moment, because in that moment you are living the force, not the script, you will feel that everything is much more intense. You can hear the silence beyond the mountains. You can hear the birds on the other side of town. The colors come through deep within you. You feel deeper emotions. You feel a connection to everything. At that moment, the force is a life.

And everything, absolutely everything, in this dimension here, is to be prevented. And then I'll close with this. **There are two types of groups that humanity is visiting at this time. And that's billions of different civilizations. One group makes contact with biological identity through beta consciousness. So via the biological approach route, beta. We are trained to think about who they are and what they are. These are real existing groups, not all of which are wrong or right, but a huge number of different races. Many of them also live in some kind of biological bodies, just like us. And then you have something else. There are many other civilizations, who do not seek contact with us through the beta intelligence, but who seek contact with us through the original field. The sincerity deepest within yourself. And when that's lived in here, and it's not about it having to be on all the time, it's about it being there, and the moment it's there and you're tapped on the shoulder and they're there, then it opens up completely all at once because of the wonder and because of their observation, whom. So that's where they assist. But that other group, what I'm talking about, only makes contact through the source force, so with the inner kingdom. And through this intelligence, that is my route, through this intelligence, the world needs encounter. Because this is how it is already happening. And that's all being presented now as being, UAPs are all biological beings, intelligence. So this is physical-biological. This is a different language, but they are also really physical. Only they don't have the biological structure of this matrix. They are, just like us, that's the emotion on the inside, they do have a real biological body, only the structure of the bodies is not mathematical. So the language behind that is something else entirely. So we are visited by two different intelligences. Two different life vibrational fields. And both may get the kiss from us.** Some in these biological groups are not so nice, and are even a complete threat to who we really are. Unless we surrender to who they are, and dedicate our lives there to serving them. And this is a very big topic. So what we're talking about calibration is, of course, that you bring yourself back. One. Two, that you can pass that on to the world. And three, that the



**world can reconnect with the great intergalactic societies, the great communities, the orphans, those people who are of heart and organic strength. And for that you also have to say that you do not shy away from that original language, that language, that emotional language, but that you accept and receive it completely. So even if someone goes completely out of his mind, as we call it here, someone who goes all the way.** I used to have a neighbor who went crazy. All the way through. With twelve policemen, they sat, to get them out of the house. I stood there and everybody, everybody thought it, thought all kinds of things about it. I looked at her, she was all spastic on the stretcher. The policeman, he was on top of it, the officer. I looked at her eyes, her blue eyes, she was laying all like that. She looked at me, we were in touch. And in that moment, (sighs/deep exhalation), not because I am, but because the source got to her. Then it calms down. Have a good trip home. There are two people who come here to me. Those people already know who they are. And the rest who don't know, they just go home.